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Miscellanea

The Quarterly Mattishall People's Magazine Summer 2025 Issue 103

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Miscellanea

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From the Editor



Anne Jackson

After weeks of sunshine, I'm sitting here writing this letter looking out at the rain! I know we need it and I'm not really complaining but it is rather depressing. The gardens were definitely suffering as were the gardeners trying to dig into the parched soil but I ask you, why is it that weeds still flourish?

We now have the summer to look forward to and lots of events and clubs running in and around Mattishall. Clubs are a lifeline to many residents who would otherwise experience loneliness and whilst some of them charge a nominal fee and others are free, they all have something in common: they offer the chance to make new friends or catch up with old ones. Some groups meet during the day others in the evening so there is the opportunity for everyone to join in.

The next community event is the Norfolk Day Fete with so much going on, all ages will be catered for, perhaps you can help out? See Helen's request for help on p8 Our resident poet, Mike Hamill, has written a poem specially about Norfolk to celebrate the day (see p12) and being an incomer, I had to ask Mike for some explanations.

Looking forward to the summer.

Anne

Changes to the telephone system.

The changeover to the new system is progressing quickly with Norfolk in the next six to 12 months timescale. The current plan is to complete East Anglia by early 2026

Background

- As you may have seen in the media and my notes in previous Miscellanea the existing telephone systems are being replaced with a different type of system.
- The existing wires and telephone exchanges are owned and operated by Open Reach.
- Open Reach are a division of BT.
- In Mattishall and most of the rural areas, the existing systems are due to be shut down by the end of 2026.
- The new system has a few different names, but the easiest to remember is Digital Voice

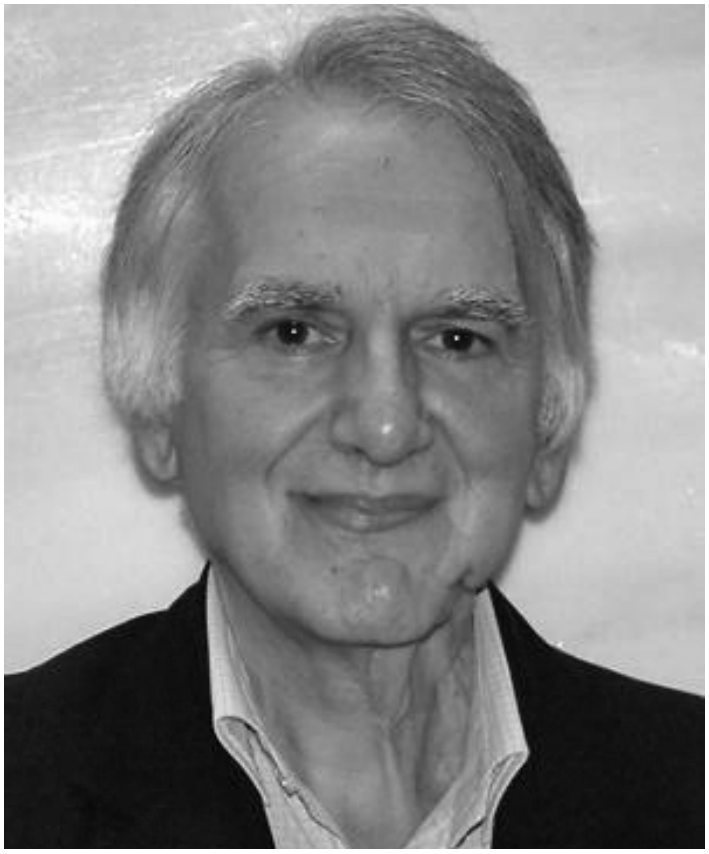
Actions

- If you are happy that you do not need a landline for talking to your contacts, then you will need to use a mobile phone.
- However, if your mobile signal is poor AND you want to want a cable based system you must talk to your supplier. This will require a broadband service.
- To talk to your supplier from home, have a copy of your invoice to hand and dial 150.
- If you want someone to make the call and they are not in your home, use the support telephone number on the bill.
- If you are using a telecare system you must contact this company and get them to advise you of what will need to be changed, for the service to continue.

Special Note
Not all suppliers are the same in dealing with the changeover. If you are using a telecare system for your home, a battery support system is required in the event of a power failure. The regulator has instructed ALL telecom companies to provide the equipment

If you have any questions or require assistance, please call me, I live in Mattishall.

Gerry Goldner 07908 205023 01362 289038

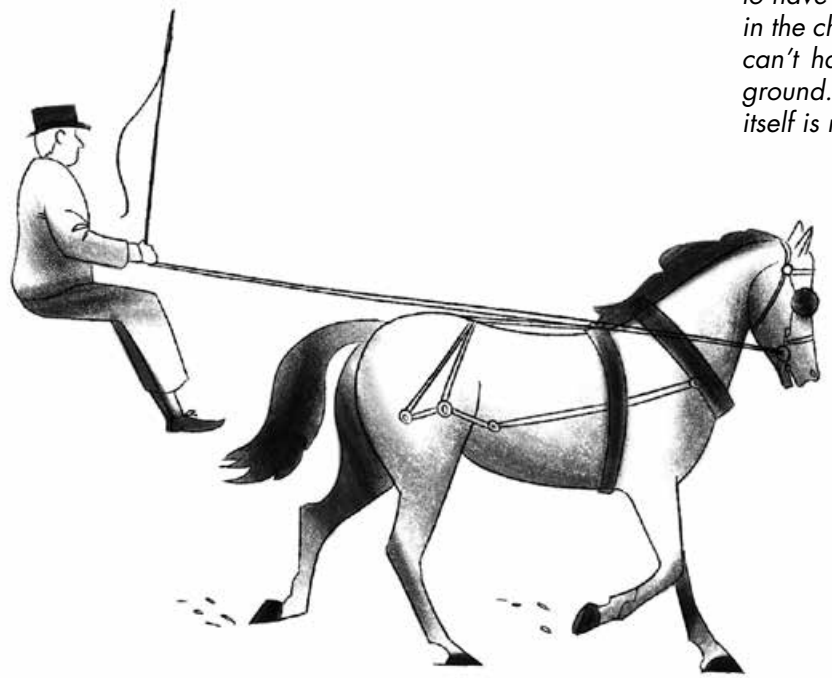


John Norton

There's more to Great Yarmouth than you think

For several years I worked in Great Yarmouth. Most of the time I was employed by the Borough Council where I was involved in regeneration projects and for the rest I worked for a company providing port services and building leisure facilities in the Borough which includes Gorleston, with its beautiful beach, and a large adjoining rural area.

Great Yarmouth does not always have a good press and most people don't get beyond the brash seafront of this large and important seaside resort when they think of it. But there's so much more to the town and Borough than this.



I maintain that it's probably the only town in the country where standing at the railway station, at the end of the infamous Acle Straight, within half a mile you have the choice of being in The Broads National Park around Breydon Water, walking on an extensive beach of golden sand with all the entertainments of a seaside resort, being able to see ships in a busy port and just about touch them from the quayside, admire some fantastic historic buildings (including where Charles 1st death warrant was signed and the birth place of Anna Sewell, author of Black Beauty) and two thirds of a Medieval town wall that still survives, and be in a town centre with a busy recently refurbished market. I could go on and on but take it from me it's a remarkable and historically important place when you scratch the surface.

When working for the Council I had to attend many Council meetings, often in the evenings, where you may be asked questions by the elected Members of the Council and were on hand to give advice. The highlight was the monthly meetings of the full Council of about 50 members which was chaired by the Mayor. Council officers like me were seated at the back and were only allowed to speak if asked. These meetings could be tedious and go on for hours and sometimes got very heated during the political debates dealing with local issues. I remember the police had to be called once when it looked like there may be a punch up!To pass the time on a cold winter's evening a colleague and I used to enjoy noting when elected members got a bit confused with their worms (words) when making a speech or partaking in a debate. The other day I found something I had written based on some gems we'd heard at various meetings. To aid with translation I've put in brackets what I think they meant to say

" Madam Mayor. I would like to raise the matter of the planning permission refusal for some dog kennels in Caister. I'm afraid you've all been barking up the wrong tree. I don't want to seem dogmatical (dogmatic) about this but no-one will lose their amenities. We as a Council must agree that it would be unforgivable for Mr Brown next door to have his amenities cut out. After all, he's already had to suffer from people urinating and parking bikes in his back passage. I also know that at harvest time all that dust played havoc with his bronicals (bronchial), and it is now likely that he'll have to have one removed. Only last week his brother was buried in the church yard next to the site. There's no reason why you can't have dog kennels next to concentrated (consecrated) ground. Speaking metaphalorically (metaphorically) the site itself is not hollowed (hallowed) ground.

You see, I don't think everybody has realised that these will be underground kennels. I would have thought that this would be obvious when the matter was referred to the Sub Development Committee. I don't know what the officers are doing recommending refusal. After all who pays their wages? There must be some pokey hokey (hokey pokey) going on here.

I know the Planning Officer has been unindated (inundated) with objections and the Sub Committee has to take cog-nice-sance (cognisance) of these because the kennels may be con–traire-ree (contrary) to policy. But surely the Planning Officer should be more pacific (specific) in his reasoning.

In my opinion I'm septical (sceptical) that planning permission is even needed. All this twaddle about policy – you won't even see the things. Anyway we're always giving people blank carts (carte blanche) to do things everywhere

Madam Mayor we must come up with a com-promise (compromise). I think the archi –tect (architect), who has impressive fido bonos (bona fides) and creventials (credentials), has got one. Why not plant a nice selection of rosey–dandrones (rhododendrons) next to the kennels?

I have brought this matter up tonight on my own violation (volition) which is something I haven't done for many years. I don't want to be sladeriferous (slanderous) but I myself personally have heard nothing at this present moment in time to make me change my mind. We must not let this develop into an ongoing situation even if it is meaningful.

I move that we have a mortiorium (moratorium) and refer the matter back to the Sub Development Committee. We can then focus on more important things like improving our refuge (refuse) collection service and making sure the seafront humiliations (illuminations) are working!"

PS - I'll finish with a little known Great Yarmouth fact. Before the M11 was built the nearest continuous dual carriageway to the town was the Amsterdam Ring Road which is just over 100 miles away. As they used to say in Norfolk "If you want to go to Yarmouth you've gotta go on purpose!"

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Mattishall and Lenwade Equipment Fund Report

The trustees are finalising the accounts for what has been a busy year.

On 6 April 2024, at the start of their year, the Trust held a balance of just over £13,500. During the year the Trust considered a number of proposals from the Surgery and those chosen for support have included the following:

Drug cabinet

Spirometer replacement part *(Spirometer is a machine that helps diagnose and monitor certain lung conditions)*

Extra spirometer machine.

Fish tank maintenance.

Vaccine fridge

Cardiocheck analyser *(Finger prick blood test machine to check cholesterol and glucose levels and identify undiagnosed conditions)*

Clinispan centrifuge *(used to separate blood components, isolate cells or cellular components, and prepare samples for diagnostic tests)*

The overall cost of projects supported exceeded £7500, leaving the Trust with a balance of just over £6000 as at 5 April of this year.

The income from donations and interest was £220 and so, as was the case in the previous year, the cost of the projects supported exceeded very substantially the new money coming in.

The trustees are aware that if this continues the time will rapidly arrive when the funds have been exhausted, but it is their view that the best use of the funds is to continue as before and support projects while they can.

The annual meeting with the Surgery to review future projects is set for 18th June.

William Barr (Chair)

Nicky Grandy (Secretary)

Anne Jackson (Treasurer)

Mattishall & Lenwade Surgeries Patient Participation Group

Since 2016 all GP practices in England have been required to have a Patient Participation Group (PPG).

We are a group of volunteers who are patients at Mattishall & Lenwade surgeries. Currently there are 11 of us. We meet every two months with surgery staff to ensure that patients are given a voice within the GP practice. The purpose of the PPG is to improve two-way communication between patients and the practice - patients can raise concerns and suggest improvements via the PPG and the surgery can use the PPG to provide information and sound-out their own ideas and plans.

If you would like further information or have anything that you'd like to raise with the surgeries via the PPG, you can get in touch with us via our Facebook page 'Mattishall and Lenwade Surgery PPG', send an email to mandlsurgeriesppg@gmail.com, or go to the practice website (www.mattishallsurgery.co.uk/practice-information and click on 'Patient Participation Group'). If you don't have access to any of these but would like to make comments or suggestions, don't forget that there are Suggestion Boxes in the waiting rooms. The PPG also has its own noticeboards in the waiting rooms that we are using to promote monthly health-awareness topics. One of the topics for April will be stress awareness.

Remember, the PPG is here to represent you.

Sue Pendlebury, Chair of the PPG

Brainteasers Issue 103

Brainteaser 1 of 5

Romeo has a problem. He is desperate to climb the balcony to Juliet's bedroom, but he suffers from terrible vertigo, and now he is stuck on the middle rung of his ladder afraid to go on. Thinking of his love, he steels himself and climbs four rungs, before falling back five rungs in panic.

He tries again, and this time manages six rungs, stops for a rest, then climbs the last six rungs and reaches the balcony.

How many rungs are there on Romeo's ladder?

Answer inside back cover

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DESERT ISLAND DISCS



Helen and Coco



My name is Helen Lloyd and my other half Stephen and I have been together for 34 years.

We have lived in various parts of Leicestershire and Norfolk and, following his retirement, we moved to Welborne in 2016 - we love the countryside and the village of Mattishall.

I retired in November 2023 after 47 years as a nurse in the NHS. I spent over 12 years working up at Cromer Hospital assisting the Trust in the planning of the new hospital which opened in 2012.

My final role, and probably the one I am most proud of, is as the Senior Nurse in the NNUH Vaccination Hub - supporting a wonderful group of staff to undertake the mass covid vaccination programme of the people of Norfolk.

Now retired we enjoy walking with our dog Coco in the local area and the beautiful Norfolk coast and I still enjoy running most mornings, having completed many marathons including London and New York with Stephen.

Here are my choices:

ELIZABETHAN SERENADE (by Ronald Binge - 1951 Mantovani orchestra) - A lovely gentle melody which I remember from my childhood, whenever I hear it I am reminded of being young and what an innocent time it was.

DUET OF THE PEARL FISHERS (Placido Domingo and Andrea Bocelli 2013) by Bizet- Opera at its best, beautiful music and words sung with passion. My mum loved opera and this was played at both my parents funerals celebrating their love of music.

YOUR SONG (1970 by Elton John and Bernie Taupin) sung by Ewan McGregor in the film Moulin Rouge 2001. I have enjoyed Elton John's music all my life and remember seeing him live in concert in Leicester in 1974. This song was so special and I loved this version sung by Ewan McGregor .

FIELDS OF GOLD (written by Sting) sung by Eva Cassidy in 1998. My partner Stephen's favourite record. It's just perfect and she had a wonderful voice

BARWICK GREEN (1924) by Arthur Green - Bellow Head Version. The theme tune to the Omnibus edition of the Archers, I have listened to the Archers all my life most days. As children it was 15 minutes of silence for my mum every day, we children learnt to keep quiet and wherever I have been in the world I have listened. This version is joyous, I imagine the band had a few scrumpy ciders before they recorded it!

THE TRAP by Ron Goodwin - The theme tune to the BBC coverage to the London Marathon which I have competed in this 7 times. The first time Stephen and I ran it together we crossed the finish line on The Mall hand in hand! Hearing the music every year always fills me with a warm glow!

DIAMONDS ON THE SOULS OF THEIR SHOES by Paul Simon and Ladysmith Black Mombazo. I could have included all of Paul Simons records, I love them all. This recording from the Graceland Album was released when I got my first home and I played the album on repeat jigging away while I painted the walls!

SOUND OF SILENCE by Paul Simon (1964) - A haunting beautiful song which always makes me catch my breath when I hear it

ALL CREATURES GREAT AND SMALL THEME TUNE - Channel 5. Such a happy tune, providing the perfect accompaniment to a programme full of good humour, great acting, animals and the glorious Yorkshire countryside

HEY, THATS NO WAY TO SAY GOODBYE (1967) by Leonard Cohen - A wonderful songwriter and this song is such a gentle theme of love and loss.

MATTISHALL COMMUNITY HUB

Promoting social contact & community projects

Mattishall Community Hub is your local, independent, community project, supported by Breckland Council and the National Lottery Community Fund. We hold social sessions on the first Tuesday of every month at Mattishall Memorial Hall, South Green, 2-4pm, for all ages (u16s to be accompanied) to get together with other local residents for a relaxing couple of hours of chat in a friendly environment; proven to enhance well-being.

Everyone is welcome, there are free refreshments and activities and no fees. If you haven't been before and aren't sure if it's for you then, please, do come along and see first-hand what we are all about - you won't know unless you give us a try!

Pensthorpe Trip

In May we ran our second coach trip, taking over 30 local residents to Pensthorpe Natural Park near Fakenham. Once again, we were extremely lucky with the weather and we had a lovely, sunny day to enjoy as we wandered around the beautiful gardens and lake and admired the many species of birds, some of them with their broods of chicks in tow. Apart from the slightly less than peaceful renovations going on in the Tea Rooms, it was a very enjoyable and calming afternoon for everyone who came along.





Community Notice Board

Mattishall now has a brand new Community Notice Board, replacing the old board in the churchyard in Church Plain. MCH commissioned another local community group, Dereham Mens' Shed, to build the handsome new board. It is open-fronted, to ensure that it can be accessed at any time, and is intended to be used to advertise the activities or one-off events of any local community or non-profit group or charity (no businesses, please). We have already posted on the new board about various events and activities so, please, do stop and have a look, when you're next passing, to keep up with what is going on in your village.



Norfolk Day Community Fete

A very exciting event that we are currently planning is a Norfolk Day Community Fete on Sunday 27 July from 2-5pm … as advertised on the front cover of this issue of Miscellanea! The fete will give Mattishall the chance to celebrate Norfolk Day, as well as helping to raise funds for local community groups. It will be a traditional village fete, on the Village Green, with something for everyone including live music, storytelling, games, stalls, face-painting, children's art activity, an ice cream van and tea, cakes and soft drinks in the Church Rooms. Of course ,we are hoping for a beautiful, sunny day but we will hold the event in All Saints Church if it's wet because 'the show must go on'!

Volunteers needed!! This will be a real community, as opposed to commercial, event so please get involved by helping out in whatever way you can. Contact us at the details below.

Please support this event and bring the family along for, what we expect to be, a really fun afternoon. Norfolk Day Community Fete, Sunday 27 July 2-5pm on the Village Green.

Helen & the MCH Team
Mattishall Community Hub
email: mch23@btinternet.com
text/voicemail: 07467 945200

FOUR ARTISTS OPEN THEIR DOORS

Ever wondered what goes on at Jacob's Island, Solomon's Temple Barn or Sandpit Farmhouse?

This summer four Mattishall/Welborne artists are taking part in Breckland Open Studios. Over the course of 9 days, 9 artists in and around Dereham will be opening their studios to the public.

Here in Mattishall, you can visit Amy Brewster, Zelda Eady, Ewan Graham, and Ruthanne Tudball.

At Solomon Temple Barn, you will meet Ruthanne Tudball and her daughter Amy Brewster.



Ruthanne has an international reputation for her masterfully crafted soda- glazed studio pottery.

At her studio she will be working on clay projects and will be happy to answer any questions about how she makes and fires her work. There will be a wide selection of stunning ceramics on display and for sale.

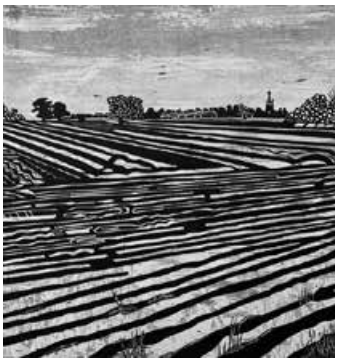
Amy derives her inspiration from looking closely at the world around her. Noticing subtle details such as patterns of cracks in pavements or the delicate forms of petals. She uses different painting and printmaking techniques to create a range of colours, marks and textures on paper.

She then incorporates these into her spontaneously evolving mixed-media collages.

Some of you may have already come across Amy at her stimulating and enjoyable 'ArtBarn' workshops. (www.amysartbarn.co.uk)

At Jacob's Island, you will find **Zelda Eady** in her printmaking studio. There are two working printing presses to look at and she will happily give you a demonstration. Inspired by the Norfolk landscape and using traditional print making techniques she makes colourful limited or one-off prints. Zelda also creates mixed-media landscape paintings.

In addition to her paintings and lino-prints, there are hand- made cards and many unframed works to browse through.





Ewan Graham is a new contributor to Open Studios in Mattishall. He is an accomplished painter in oils. Since retiring, his work has gone from strength to strength.

Ewan works from the imagination, giving him the freedom to make atmospheric landscapes, seascapes and fantasy nebulae. He is very happy to chat about his process and show you around his studio.

During Breckland Open studios week you also may like to venture further afield. You can also visit Marie Dawe's glass studio, see Toby Winterbourn's sculpture or drop into the Art Space Place in Swanton Morley.

Brochures are available at the post office in Mattishall, in many local shops and cafes. Or you can use our unique QR code below.

We all look forward to meeting you in our studios soon.

Breckland Open Studios runs from every day from July 12th to July 20th, 10am to 4 pm. All studios are free to visit.

The lady who used to be from the library

I was just sitting here, the dog's head in my lap, when I thought I should talk about hobbies. But, you're right, I don't have a dog. I'm sitting for my daughter and her husband while they offer workshops in recycling plastic in Yarmouth. They find that having a dog impinges on their capacity for delivery. I'm finding the same applies here. He needs constant attention and tummy rubs; I suspect he suffers from separation anxiety but I might be anthropomorphising there. All I know is that I can't get anything done. This is one of the reasons why we don't have a pet. It would intrude upon our many hobbies.

Since retiring from the library, I have had the opportunity to spend time on doing the things I love. Surprisingly, cleaning the house and gardening are not numbered among them. I keep the place hygienic, wipe down my surfaces and present a pleasant bathroom but other than that I'm a bit of a slattern. Occasionally, in a panic, I ask a very nice lady to help me out and she breezes in and puts the spring into 'spring clean'. I'm happy with that.

But gardening? I have already let it be known that gardening is just housework with worms and nothing has changed my mind. I hate it with a passion. Alas, I don't have a lady for that. Patient neighbours can testify to our lack of ambition and we have had to employ Dr. Stump (yes, really) to rid us of some virulent bamboo, but neither of has the gardening gene.

Don't suggest that we move because it really isn't the answer to all problems and would cause more.

So, what do we spend our time on? Travel; mountain biking; hiking in the forest and wild swimming? No, our hobbies lie closer to home. It's true that we do thoroughly enjoy bird watching; we are headed to Scotland next month, ostensibly for our son's wedding but we'll stay on to look for ospreys and eagles in the Cairngorms. But what we enjoy even more is reading about them.

Robin must have every bird book published. He has a reference library Norfolk Library and Information Service would covet. If I ask what a bird I spot in the garden is, I'm shown five different versions from selected books. I have no excuse not to name them next time. I'm even shown the flight pattern and silhouette. It's the same with geography. Sometimes when the news concentrates on a particular region and I can't picture it on the map of the world that I hold in my head, Robin will reach for one of the atlases that we hold on our shelves and pinpoint the area. This tells you as much about Robin's need for accuracy as it does our bookshelves.

But it's not just reference books: we hold fiction too and it is fiction that rates highly in our hobby lives. We love reading stories.

I read my first storybook when I was five. It was called 'Moonshine and Magic' and it set me on a delicious path of discovery. My comic, in the sixties, was 'Sunny Stories' and contained a variety of tales with minimal pictures that took me to undiscovered worlds and had me longing to meet fairies, pirates and talking animals. I could do without giants. I was so scared of a giant climbing down our beanpoles that I had nightmares about the vegetable patch. I read a comic in one of our holiday homes once featuring oil on water slicks that turned into raging monsters that could outrun a motorcycle, and I couldn't walk in the rain without hysteria. Let's just say that I have a vivid imagination and always did have.

This is a useful talent, if you like, for reading fiction. The author draws a picture and we must see and understand it. The hefty tomes with maps at the front and glossaries are a real test, but afford the most pleasure. I'm happy with all worlds populated by all species but I'm particularly partial to an elf or similar.



Tina Cooper

But increasingly, I have turned to audiobooks. It started when I used to do a mammoth ironing session on Saturday mornings. I'd load up the CDs and drift off whilst decreasing Robin's work shirts. In those days, I preferred a gritty crime drama, modern day or historical and it oiled the wheels of production. I could disappear for hours. Then, I bought CDs but once an employee of the library I hired them. It was terrific fun.

We bought all the Harry Potter books like all decent parents and read them too, but on holidays we hired the audiobooks to listen to in the car. It made a long journey fun. It also brightened up the rainy days. Robin and I still listen to audiobooks in the car. His choice of fiction differs only slightly from mine; he will entertain spies and navy antics more than I will. We both love historical cosy crime. The books about lady detectives in the Edwardian period are just the right length for a trip to Scotland. The intellectual involvement allows for the intervention of google maps directions.

The ex-library part of me still gets her books from the library but from two library apps: Libby and BorrowBox. Both are free resources and are excellent and easy to use. Just go to the libraries website and download the apps. Download 'overdrive' to be able to listen then browse the list of titles available. BorrowBox has more up to date and popular content but Libby is a treasure trove. It has hundreds of titles and loads are available without a reservation (again, free). I'm currently listening to 'Babel' by RF Kuang. It's about a fictional institute of translation at Oxford during the 1830s. It has no elves but lots of fascinating history of languages and a touch of magic. It is one of the audiobooks that I might have to buy in print too, for reference purposes. A lot of it is based in fact and necessitates a second look.

Robin subscribes to Audible and buys many books at a time. He listens as he goes to bed, cleans his teeth and drives to badminton. There is always something playing. I know he's home when I hear, not the sound of his key in the lock but the voice of the current narrator. It's a lovely hobby being read to. I recommend it highly. It's often free and accessible to all who own a phone or tablet and it's environmentally friendly. You don't need to use up your air miles.

Reading is wonderful, listening is a treat. And it's something I can just manage with a dog on my lap.

Join up today

What is Happening to the Kingfishers Community Open Spaces? Latest update by Roisin Murray

Walkers around the Kingfishers open spaces have noticed a real difference in the last few weeks. The fruit trees have blossomed and seem fairly happy – as long as we water them now and again in this drought.



The bigger trees enclosed by fencing that were put in by the developers have had a good spring pruning and are now flourishing – luckily they are big enough not to need watering like the smaller trees. The ground beneath the trees should soon flourish with wildflowers that were planted last year by the developers, so watch for that.

Some of the trees around the open space are looking a bit sorry for themselves. Unfortunately, these are not "our" trees as not all the land was signed over to the Parish Council, but we are trying to be neighbourly and give them a drink when we can.

The wildflower meadow area is looking very yellow as the farmer is killing off the grass and will soon cut that and break up the soil, ready for the wildflower seeds – although there might be a bit of a delay on planting as there is no point planting seeds in drought – so, lovely though the sunny days have been, we really do need that rain to come along soon.



You may remember that on March 16th around 40 of you turned out and we planted 210 whips and 30 larger trees. Of course, that time marked the beginning of our current dry season! Luckily, most of the trees have survived thanks to our regular Saturday 5.00 pm watering parties when 12–18 villagers of all ages have turned out with watering cans to give the trees a drink. As you will see in the pictures some of our volunteers are about the same age as the baby trees and it is lovely to imagine the fully grown giants that they will see when they are parents themselves.

We were also very lucky to have a local firefighter, Lloyd Frosdick on board too – so when his fire engine needed a change of water in the tanks – Lloyd's bosses kindly gave permission for Lloyd and the rest of Red Watch, Dereham to do their pump training by refreshing our trees with water that would have gone to waste down the drain. Big thanks Lloyd and Red Watch.

The allotment plots are beginning to fill up with produce as allotmenteers work away, transforming an open field into tended plots – quite a few passers-by stop for a chat – do so if you can as they are a friendly lot. There is also a vacancy on the plots so if you, or someone you know might be interested, do contact me – details are below.



The two plots that make up the Community Allotment (plots 2 and 3) are doing well, with donated veg and flowers coming along. We are a very small team keeping things going, so if you can spare a little time to help weed, water or plant do get in touch – or pop up on a Monday or Wednesday morning or Friday afternoon when we try to have someone there. We can even offer you a seat as Adrian Harrold has kindly made one for us.

The base for the big shed in the car park has been laid and by the time you read this there should be a shed in place too.

To come later in the season are the wildflowers, some benches for picnics or just to sit at, and the main grass areas will be cut regularly now that we have planted the trees.

We hope to have more working parties and possibly other events, so if you want to know about them and haven't joined the mailing list, which is ONLY for woodland and wildflower events, do contact me and I'll put you on the list or phone/text me and I can add you to our WhatsApp group; otherwise watch out for posters on village notice boards, the new green notice board at Kingfishers, and entries on the Parish Council and Village Facebook pages.

My contact details are: roisintmurray@outlook.com or 07932 794251

Brainteasers Issue 103

Brainteaser 2 of 5

Replace the letters A, B, C, D and E with the numerals 1, 2, 3, 4, and 5 so that the following equation works.

AB x C = DE

Answer inside back cover



Mike Hamill

Mike's Scribblings



Hedgerows

I wandered down a country lane,
spotted gently by springtime rain.
The lush hedgerow, in tight confusion
filled with floral profusion.
In colours iridescent and alive,
the earth's bounty does provide
life to all that dwell within,
the compact avenues that lie therein.
The creatures that make this their home.
Where, for a lifetime, they can roam.
The hedgerow sparrow's endless quest
to feed their chicks in hidden nests.
To live amongst the tangled limbs.
Here, darkness pervades and daylight dims.
So, when next down country lanes you ramble,
and over stiles and fields, you scramble.
Give a thought to what might grow,
within the confines of each hedgerow.

Ducklings

I saw a little duckling. It waddled past my door.
And there, close behind, there waddled nineteen more.
Oh, such fluffy things. Pleasure did they bring.
They marched in formation. It made my heart just sing.
They crossed a busy road and looked both left and right.
They settled on a grassy bank and slept there for the night.
Now came the morning brightly and down the slope they slipped
and into running waters, they so quickly dipped.
But what was confusing, as they swam from shore to shore,
was instead of just twenty; there now was forty more!
They swam in gay abandon and fiercely did they race.
Then, followed Mother Duck and disappeared, without a trace.

The little Hefalump

I saw a little hefalump only yesterday.
It looked so very pretty, in shades of awesome grey.
It flapped its little ears and ran right up to me.
He stopped and hid behind, a great big baobab tree.
He paddled in a muddy pond and rolled around in joy,
he squirted water at his mum. What a naughty boy.
But then he remembered, he had a date to keep
so drank some milk from his mum. And promptly fell asleep.

Norfolk

From the heights of Beacon Hill
to the Broads, the heart does fill.
The beautiful Norfolk coast.
There are, such wonders, to boast.

The Market Place, in colourful splendour.
The Castle in Norman grandeur.
Reaching high to the skies,
out where the Bishy Barnaby flies.

The town that was Len Episcopi.
Founded by a Bishop, you see
renamed Lenne Regis in haste
by Henry Tudor, the eighth

The county is home to a king,
and once, here lived Anne Boleyn.
Nelson trod the Norfolk coast
and learnt his trade on an uncle's boat.

The sight of the boats at Yarmouth docks,
to where the herring girls did flock,
Is now the playground of visiting crowds.
The foreigners, from the sheres calling loud.

So, let's stand and raise a glass or two
of lovely, local, alehouse brew.
And celebrate our county's history.
Ich Dien. Norfolk, the place for me

Sleepless in Mattishall

Another night of empty dreams,
of soulless eyes and silent screams.
Of watching time. Hear church bells chime.
Of darkness surfacing in my mind.

Another night has passed me by.
I watch the darkness, and I try,
to close my eyes and let them rest.
But Hypnos does not heed requests.

And so, I wander in the stygian dark,
and hear the owl and the foxes bark.
And wait once more till comes the morn
and I am washed by the dawn.






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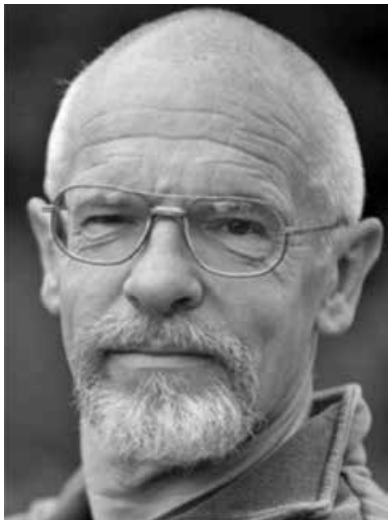
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Meet the Footpath Man

That's what one of our young litter pickers calls me, anyway. It seems much nicer to me than Parish Footpath Warden, which sounds rather formal.

My name is Wallace Murray. I grew up in Scotland, walking the hills and glens from early childhood, in weather fair and foul. From early adulthood, I drifted South following work, walking whenever and wherever I could. On retirement I bounced off the South Coast near Dover, thankfully washing up here, where I feel I can at last settle. So, as a life-long wanderer, one of my joys in life is exploring the paths and bye-ways of our neighbourhood.

When the Parish Council recently decided, as a consequence of the Neighbourhood Plan, to appoint a Mattishall Footpath Warden, to enhance local care of the network of Public Rights of Way in the Parish, I jumped at the chance to volunteer. My role, as an independent volunteer rather than member or employee of council, is to walk all the public rights of way in the Parish regularly, make sure they can be found, are safe and in reasonable condition, signposted and not blocked or overgrown.

I report any problems I find to Norfolk County Council Highways Department, who are responsible for their maintenance. You can do it too, at https:norfolk.gov.uk/reportahighwaysproblem. It's fairly easy, but if you would rather not go through the county council website, you can always contact me instead on fpw.mattishall@gmail.com , and I'll be happy to do the reporting bit. The County Council are really good at acknowledging receipt and showing progress of problems reported. I regularly check up on progress of mine, and I regularly check progress "on the ground".

The joys of a sunny Springtime in the countryside have included spotting birds, deer, hares, budding trees and blossom. I've found and reported broken and missing footpath signs, rotting bridges, restrictive vegetation, even a completely invisible path. I'm pleased to say that at least some of the problems have already been resolved, including one bridge that was repaired very quickly when someone reported their dog had been injured while crossing it. So, the "Authorities" do take action, and can be quite quick to react!

Unless people use rights of way regularly, the right to use them can lapse. Do paths really matter if people aren't using them? Maybe people do want to use a path but are put off by thick undergrowth, a collapsed bridge, obstacles or growing crops that obscure or even block the path.

Our Public Rights of Way give us convenient free access to our glorious natural surroundings. Exercising in natural surroundings is becoming more widely recognised as good for mental health. What could be pleasanter and better for us than walking around the Parish, undisturbed by traffic? Please do use the Parish footpath network to the full, naturally sticking to the route and remembering that the fields, gates, crops, and animals are an essential part of someone's livelihood. Take care to cause no damage or distress, and keep your dogs under control. If you still find problems in using the footpaths, contact me at the email address above.





Brainteasers Issue 103

Brainteaser 3 of 5

Mrs Fontaque is feeling ill. Her doctor prescribes her 10 pills, one to be taken immediately, and the rest taken one at a time every quarter of an hour after that. How long will it take Mrs Fontaque to finish her pills?

Answer inside back cover

Doris Rich



Doris Rich came to live at Bob Carter Court on 6 June 1996. At the age of 102 when she passed away on 10 February, Doris had been its oldest living resident for many years and had lived there longer than any other resident, 28 years, even prior to the Court becoming one of Housing21's properties.

She soon became an integral part of the Court's social life and activities, the Social Club secretary, organising entertainments and booking speakers besides writing the Club's minutes. *"Somehow"* she wrote in one of her many little biographical essays, *"I find time to do some housework and cooking as well, though not more than I can get away with. My flat is clean but always has piles of papers I am about to file or I need to keep handy to refer to quickly".* She enjoyed meeting folk and confessed to her diary notes: *"I suppose I talk too much".* She spoke fluently, always it seemed with absolutely correct punctuation, commas, semi-colons, paragraphs, etc, in the proper place.

One of her initial bugbears upon moving into the Court was that the manager at the time, Heather Wright, was officially titled "The Warden". *"This to me"* Doris wrote in one of her many essays *"sounded very strange. We were not petty thieves or criminals of any kind I know of, so why a Warden?"* Some years later it was changed to Manager, a much better name for Heather; *"a very helpful and friendly lady".* Doris also liked to do the flower arrangements in the Court's reception area, corridors and Lounge.

Since the revival of the Court's Newsletter just over a year ago, Doris had made several contributions to its page three residents' essays (one last Christmas in particular) and several more were in the offing to be included in upcoming issues. Doris had also become a member of the Mattishall and District writing group several years ago, *"affectionately known as MAD, because we are"* Doris declared in an article about their activities. *"As a school-girl I was often told I was too imaginative when writing essays; now I am glad I had that ability"* she wrote in one of several hundred essays she has left with the editorial team. *"I began writing in 1963 when my daughter wanted stories read to her. She would have been three years old at that time; it was just as a change from the usual children's stories of the time. I stopped when she was old enough to read to herself until after my husband died in 1992. I wrote quite a lot of poetry about then but no stories."*

The Court received this letter from Jane Ulrich, Doris' daughter, about her mother.

"Doris Lillian Vincent was born on the thirteenth of November 1922 in Southall, Middlesex to Edith and John Vincent. She was the eldest of six children: Doris, John, Joyce, Fred, Janet and Yvonne. She attended the local Roman Catholic School St Anselm in Southall. She left school reluctantly at the age of fourteen.

Doris first met my dad William (known as Bill) Rich sometime in the late 1940s/early 50s. Bill had served in the Royal Engineers during World War II. After the war he served in Kenya. I think they met when he was on leave and they stayed in touch. When he left the army and came home they met up again and as the saying goes "The rest is history!"

Bill died at the age of 76 in May 1991 in Southall. When I was born in 1960 my parents were living in Canvey Island in Essex. Less than a year after my birth we moved to Greenford and then Southall.

One of Doris's first jobs was in an once in Woolworth's in Shepherds Bush. Doris held a number of jobs over the years. She was a sewing machinist in a factory, a shop assistant in a butchers and a men's outfitters, a doctor's receptionist and worked in a number of clerical jobs in various businesses.

Her last job was in an once at the EMI Records Factory in Hayes. She was also a shop steward for the Apex union. She was lucky enough to meet some of the biggest pop stars of the 70s and 80s whilst there, including Cliff Richard, David Soul, Jermaine Jackson and Leo Sayer. She encouraged me to go on a blind date with a man who also worked at the factory, which is how I met my husband.

She spent many years as a Brown Owl for different Brownie Packs in Southall. She led the packs in playing games, singing songs and knot work. Many will remember her for her artistic side, something she shared as a Brown Owl, leading the Brownies in crafts, including making Easter bonnet rich tea biscuits with marshmallow toppings and lots of sticky icing and sprinkles.

Sheila Clarke and her husband Ian, residents here only three years less than Doris, also had fond memories:

Ian and I moved into Bob Carter Court 24 years ago. Doris had already lived here for three years when we came but I can remember her quite clearly making us very welcome. She was doing a stalwart job as secretary to the Social Club along with Georgina, and others who are no longer with us. She was a lively lady despite her disabilities, always dashing about and helping other residents. She used to book all the speakers and organise various events at the Court, with the help of the committee of course. Unfortunately, I was still working right up until six years ago so I didn't join in with a lot of the events the Committee organised.

Doris really enjoyed her 100th birthday party here at the Court. Everyone was invited and it was a really happy event. Doris had her family here with her and I can remember talking to her

brother and sister – a lovely couple. Doris wanted a grand entrance, so balloons were placed all around the door to the Lounge. She really enjoyed her party and had so much pleasure

in packing up the left-over cakes for her family to take home.

Doris was such an amazing lady because even just before her passing she was going shopping on a Saturday morning with her taxi driver Gary who was so kind to her, pushing her around the super-market to get her food and even coming back to her flat and putting it away for her."

Doris will be greatly missed; she was loved by so many at Bob Carter Court. Up until recently she was still booking the Big C collection for them – such a lovely thing to do. On behalf of all at the Court:

"God Bless and Rest in Peace Dear Doris"

Malcolm G Hill



LITTLE ANGELS

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****** Scouting is for GIRLS and BOYS aged 6 – 14 ******

GROUP NEWS



Beavers were very busy this term joining with the Group to do 10 pin bowling, then having a bit of messy fun as we tried gloop for our experiment badge which we completed over a few weeks. We had a Skills evening, then Teamwork and visited the Fire Station as part of My World Challenge badge. Ten beavers attended our Sleepover. This helped make a "badge fest" with over 40 badges due to be given out, including 3 Bronze Awards to Noah, Rowan and Felix. Well done everyone.





Cubs have also been very busy over the last few months and will not be slowing down any time soon! Just recently they did a hike around the Mattishall to work on the road safety and signs, which I can say all cubs have done very well and had a session at EVAC in Norwich, where they did raft building, crate stacking and backwoods cooking; cubs did get very wet but not the adults. Cubs still have much more to look forward to in this term and coming up to summer.

As ever at **Scouts,** cooking features highly and all our Scouts demonstrated expert pancake making skills in March. In April they had to cook their camp meals of choice for both dinner and breakfast, as well as building their own bivouacs for sleeping in overnight. This term they have had their fitness levels pushed with a karate taster session and a hike from East Tuddenham.



Group News: As with all Scout Groups across the country, our thriving Group is only able to function due to a team of local volunteers. We have Section Leaders, Section Team members and Young Leaders supporting the young people with activities and learning skills for life. We also have a Board of Trustees who have oversight of the whole Group ensuring we are running appropriately, safely and sustainably, in line with our Charitable status. We currently have a vacancy for a Trustee Board member to join our team. Our Board meets 6 times a year and we have our AGM in June. You do not need to have ever been involved in Scouting before. If you would like to support your community and get involved with our Group, please get in touch with one of the leaders below to find out more.

BEAVER SCOUTS - GIRLS AND BOYS AGED 6 - 8 **TUESDAYS 6.15 – 7.30PM** Contact Su McKinnell on 07514 032678
CUB SCOUTS - GIRLS AND BOYS AGED 8 - 10 **WEDNESDAYS 6.15 – 7.30PM** Contact Emma Day – email: eeyore41983@aol.com
SCOUTS - GIRLS AND BOYS AGED 10 - 14 **MONDAYS 7 – 9PM** Contact Ann Futter – ann.futter@live.co.uk

Mattishall Primary School

Reception Class got up close to some 'bugs'. They handled things like giant millipedes, hissing cockroaches, giant stick insects, vinegarroons and observed tarantulas, praying mantis and giant centipedes.



Year 1 went back in time at Gressenhall and found out what it was like to live in Victorian times. They dressed up, made drop scones, helped clean the house, played with toys and spent time in the classroom.



Year 2 children invited family members to join them at an Asian Fusion Workshop facilitated by the school catering company. The children and adults learnt how to create and roll sushi and tried some stir fry.

Making the most of the lovely weather, some of Year 3 and 4 took their learning outside and made self-portraits using natural materials.



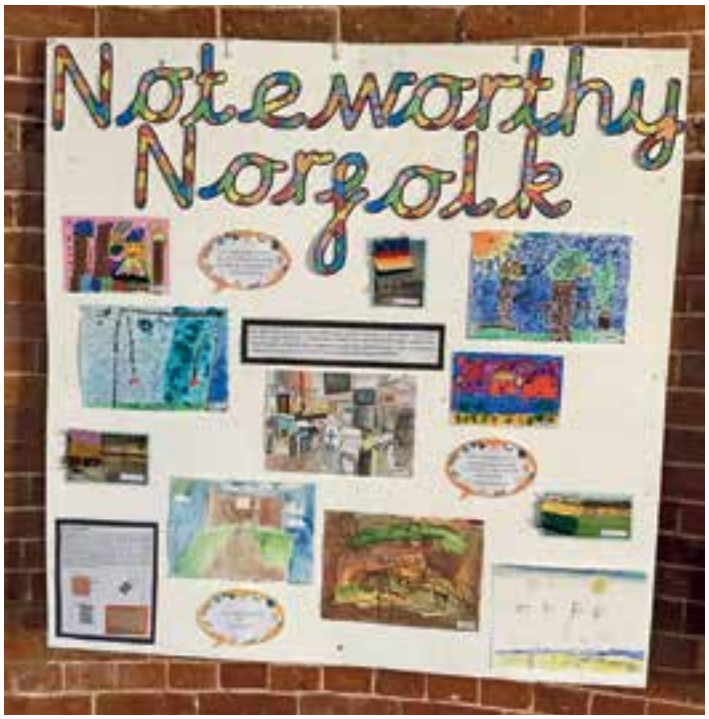
During Life Skills, Year 4 learned how everyone has similarities and differences. The children talked about how they were all different and what they liked, then created a similarities web. They all said something either about themselves or what they liked and threw a ball of string to someone who thought the same. In the end, everyone was linked in some way creating a web showing that while we all like different things, we all have similarities too.

In Year 5 Art lessons, the children enjoyed exploring mixed media techniques including decoupage, marbling, quilling, paper folding, paper collage and creating a 'fabric crumb' with embellishments.





The school had the great opportunity to create a school art exhibition at Dereham Windmill. Every class created some artwork around the theme of 'Noteworthy Norfolk', which showcased our favourite places in the county. The exhibition was open during March and looked beautiful!





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Roundabout

Community Pages, News from Community Groups & Societies, Social and Church Events. What's on in and around Mattishall



Loades from Lizzie 01362 850491

Hi everyone, here is all the latest about the activities that I am involved with.

Firstly, I had to make the difficult decision to postpone the Midsummer Cheese and Wine event that was to take place on the 20th June. Circumstances with health etc meant it was not possible to proceed but my plan is to make the Christmas event extra special with cheese and wine but this time with mulled wine added and Christmas treats. Watch out for the date in future editions.

Some people are aware that I am in a band called Freeway but may not know that I also sing in a duo act called The Melodies with Bob from the band. We often entertain at local events. In July we are playing at an event in North Tuddenham Church. Mike Smith who lives in North Tuddenham organises a series of events over the summer months and on the 26th July The Melodies are putting on a musical evening. If anyone is interested in coming along to that please give me a ring on 01362 850491 or email me lizzieloades@gmail.com These evenings are always good fun, Mike is great at organising.

DROP IN



We have now moved permanently back into the church and numbers continue to grow. This week we had over 30 people come along for refreshments and lots of chat. We meet every Thursday from 10-12 in All Saints Church, Mattishall. A very friendly social group, we offer tea/coffee/biscuits and now homemade cake. We have a new lady who is helping me to organise the morning who loves to bake. Her name is Sue and everyone is very grateful for all the lovely things she brings along. We still have our core team of helpers, our 2 Annes, (one with an e and one without!) and Paul and David who turn up every week to set up and make drinks.

Some of us bring our knitting and crochet to do while we chat and to see what others are making. We sometimes have books that can be of interest as well. We do not receive any grants so if possible we like people to offer a small donation (suggest £2) to help cover the cost of running the event. Some of us then go on to have lunch together, usually in the Swan. That just adds to the social time we have together.

We are also able to offer support to anyone needing a chat or to be directed to another organisation that can help, eg foodbank, finance, mental health. All are welcome to join us, we offer a great way to make new friends, chat and maybe bring your knitting along.

SINGING FOR WELLBEING

We meet twice a month, the second Wednesday 1-2pm and the fourth Thursday 7-8pm. That offers a time for those who prefer daytimes and for those who are maybe at work during the day. Most people come along to both sessions. We meet in All Saints Church and all sessions are **FREE.**

You do not need any musical knowledge or to have a good voice, this is just for fun. Singing is very good for your health and well-being, it lifts your mood and helps with breathing. The songs are all well-known and range from rock n roll to Vera Lynn!! If you turn up a bit early you can join us for a cuppa before we start.

THE AIM IS TO LEAVE WITH A SMILE ON YOUR FACE

The group has also formed a Community Choir who lead community singing. We will be at the Norfolk Day Community event on the Gillage green 27th July. This will be a great way to join in with village activities and have good old sing song of popular songs

LIZZIE'S BOOK LOVERS CLUB



Our very informal book club meets monthly on the 2nd Wednesday from 2.30pm in All Saints Church, Mattishall. We are not your run of the mill club, there is no set reading, we just meet to chat about the books we have all been reading and to offer to swap them among the group.

This is a great way to meet like-minded people who enjoy reading and also to make friends. It is good way to find new reading material. New members are always welcome to join us. There is no charge but a donation to help towards running costs is useful.

Thanks to those who stood in to run a few of the sessions while I was unwell.

Lizzie

All Saints Church Mattishall

Services at All Saints Mattishall will be at 9am and 10.30 am every Sunday except:

27th July - 10am Benefice Service with Holy Communion at **All Saints East Tuddenham**

24th August - 10am – Benefice Service with Holy Communion at **St Peter's Yaxham**

21st September - 10am – Benefice Service with Holy Communion at **St Michael's Hockering**

All Saints Church Welborne

22nd June – 10am – Benefice Service with Holy Communion Service at All Saints Welborne will be at 9am every Sunday from 29th June

Mattishall Methodist Church

Weekly Sunday Services at 2.30 pm

Weekly Bible Study on Mark's Gospel - Thursdays at 2.00 pm. alternating with Garvestone Methodist Church - Contact Fred on 850750 for venue.

Sunday 28th September - Harvest Festival Service at 2.30 pm.

See Noticeboard for details. All welcome.

Meeting Rooms for hire - Enquiries to Fred on 850750.



Bridge Club



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INSPIRING WOMEN

OF MATTISHALL

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7.30 pm Memorial Hall 2nd Wednesday each month

Speakers and Subjects

9 July
"Memories of an Accidental Cop"
Fred Longmeadow

13 August
"Garden Meeting"
Venue TBA

10 September
"Stefan's Journey and in his Footsteps"
Adrian O'dell

8 October
"The Trial of the Detectives"
Susan Parry

For more information please contact either
Jackie Tooke
01362 858447
or
Pat Hamilton
01362 850286

Brainteasers Issue 103

Brainteaser 4 of 5

From a full deck of 52 cards, how many cards do you need to draw to guarantee you have four of a kind in your hand?

Answer inside back cover

Mattishall Walking Group



The walking group meet every week (alternate Tuesdays and Fridays) and the length of walk is determined by who turns up and weather conditions but generally it is about 4 miles. We meet at All Saints Church at 10.30am and are a friendly group that enjoys a chat while we walk. Each week our walk is advertised on Nextdoor but if you want further information, please email me Hazel Goodall on hazelnutmum@yahoo.co.uk.

Would you like to help your community?

Mattishall Community Car scheme are looking for drivers.

It's a volunteer service so you can do as much or as little as you like, as drives are requested I would contact you to see if you are available to help with that drive. We help people who live in the village to get to their medical appointments.

If this sounds like something you are able to support please call Wendy Flew on 01362 858445

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Mattishall & Lenwade Surgeries News

Item 1: Patient Information Guide

What is Heidi Scribe?

Heidi Scribe is an AI-powered dictation tool that assists healthcare professionals in creating clinical documentation, such as notes and referral documents, after your consultation. This helps ensure that your medical information is recorded accurately and efficiently.

How Does Heidi Scribe Work?

- In Consultation Dictation: During your consultation, your GP will use Heidi Scribe to record the consultation and summarise notes for the system, describing the key aspects of your visit, diagnoses, and any required referrals.
- AI Processing: The system uses AI to transcribe the spoken dictation into text, which your doctor reviews and finalises.

What Data Does Heidi Scribe Use?

- Audio Data from Consultation: Audio is recorded and the AI will recognise the words and the speakers to create a transcript.
- Transcription Data: Text generated by the dictation is used to draft clinical notes and referral documents.
- Data Storage: Temporary audio data from the dictation is deleted 28 days after transcription is completed.

Why Is Heidi Scribe Used?

- Improved Accuracy: The system helps your GP document your care accurately and efficiently, reducing the chance of errors.
- Efficiency: Streamlines the creation of notes and referring you for more care. Allowing your doctor or nurse to spend more time on patient care.

Limitations and Potential Issues

- Transcription Accuracy: While highly accurate, the AI may occasionally misinterpret medical terms or nuances from the dictation. This is why your doctor, or nurse reviews and corrects the transcribed notes.
- No Context from Consultation: The system relies on the memory of the clinician who may miss items that you relayed during your appointment.

How Is My Data Protected?

- Data Security: All data is encrypted to prevent unauthorised access.
- Access Control: Only authorised healthcare professionals involved in your care can access the transcription and notes.

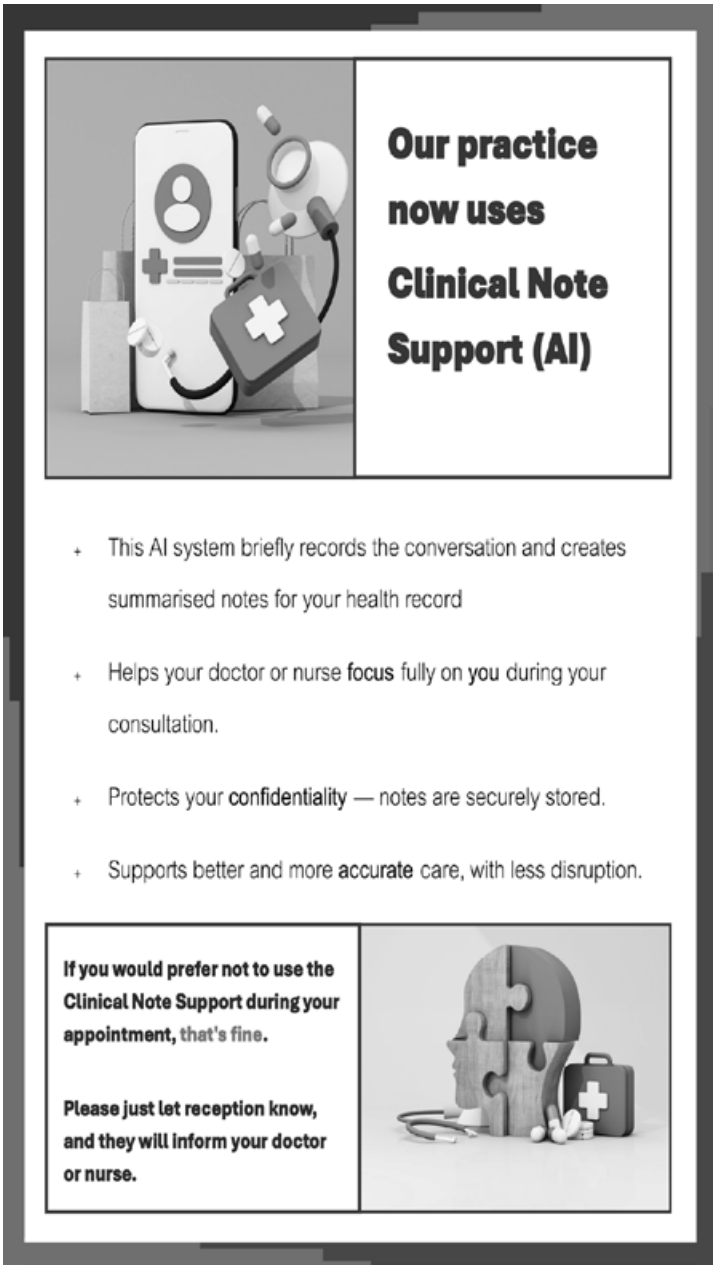


What Are the Benefits to You?

- More Time for Your Care: With streamlined documentation, your doctor can focus more on your needs during consultations.
- Consistent Record Keeping: Helps maintain accurate and detailed records of your care.

How Can You Get More Information or Raise Concerns?

- Contact your practice or the Data Protection Officer (emma.cooper35@nhs.net) if you have any questions or concerns.

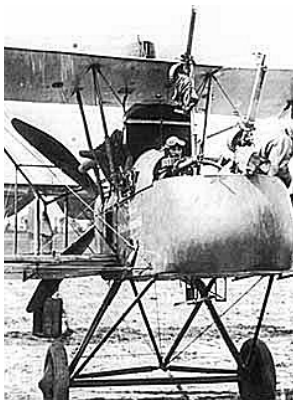


Reflecting on Mattishall's Past with Ray Taylor

MATTISHALL AIRFIELD & RAILWAY STATION!!



Imagine waking up early one morning to find several lorries and personnel right outside your back door starting to erect tents. This is precisely what happened to Mr & Mrs Bingham of Tollhouse Farm just outside the village on Norwich Road in the early part of 1916. They were told the field behind their farmhouse, which runs alongside Blind Lane, had been commandeered by the War Office as an Airfield. Norfolk residents were still recovering from the air raids of 1915 when bombs were dropped from German Zeppelins. The first was in January when Great Yarmouth was bombed, later in the September Dereham was attacked causing much damage and loss of life and then Kings Lynn. About 52 raids of Zeppelins and other airships were carried out in WW1, killing a total of 557, and injuring 1358.



Tollgate Farm was picked as it had a flat field that had been used for grazing plus it could clearly be seen from the air between All Saints Church, Mattishall and All Saints Church, East Tuddenham. In those early days of aviation there was no radar, pilots had to rely on their own sight and knowledge of the land to find their way around.

In the course of a few days a well for water had been dug and two long wooden huts had been erected for the officers, quickly followed by a bathhouse, generator hut and mess-house. Many oak trees were cut down around the field perimeter so planes could take off and land safely but even then this did not stop a tragic accident (more later).



Derick Bingham recalls, Grandmother Bingham used to run a canteen and my aunt married one of the pilots. There was a little green hut in the farm yard opposite the airfield which was the pay office for the air-force personnel. Most pilots had motorbikes and used to keep them in the farm buildings on the opposite side of the road. The pilots used to visit Mattishall because there was nothing in East Tuddenham and this is why it was known as Mattishall Aerodrome and not East Tuddenham.

The field was soon operational with two hangers for six bi-planes, there were two mobile searchlights. These were sent out every night one to Honingham and one to Yaxham. The planes were armed with one machine gun and small bombs carried in the cockpit to be dropped by hand on the Zeppelins, if possible. There were about fifty personnel in the Camp commanded by Capt. Powell.

Many of the local people on a Sunday would go to the airfield to watch the planes. Jesse Gogle, a local farmer recalls, as a boy playing on the fallen oak trees which had all been left beside the road, said one day he was standing on a large stump when a plane came so low the wind generated by the propeller knocked him off. Another local man, Billy Norton said, as a boy he actually got to sit in one of the cockpits. There were quite a few accidents on the camp so the local doctor Dr Arthur Griffiths Williams was appointed Medical Officer. His daughter Theodore, recalls in her memories, her father often got the chance to fly with the pilots.

The only thing that remains today is a newly erected Memorial stone in honour of their service. (image above) – See and read more on Mattishall website – 'Mattishall Airfield Field'.



FLYING OFFICER KILLED - Saturday September 24th 1916

Lt Michael Hubert Francis Thunder was taking off for a night patrol at Mattishall airfield, when he struggled to get airborne just clear of the hedge in Blind Lane, he made a slight turn to get over the Tudd valley but lost flying speed and the wingtip touched the ground with fatal results. The plane, only just filled with fuel exploded and Lt Thunder was severely burnt. He was rushed to the Norfolk & Norwich hospital where he later died of his wounds.

Lt Thunder's body was transported to Ramsgate where he was buried with full military honours. He was buried in St. Augustine's Roman Catholic Church with his infamous grandfather (Augustus Welby Northmore Pugin). Pugin was an English architect, designer, artist and critic. He is principally remembered for his pioneering role in the Gothic Revival style of architecture. He also assisted Sir Charles Barry with thousands of detailed designs for the New Palace of Westminster (Houses of Parliament) in London.

Mattishall Burgh Railway Station – So what went wrong!

In 1896 a meeting at the Shirehall in Norwich heard an application by the Hon Ailwyn Fellowes for the construction of a light railway from Dereham to Norwich via Mattishall, Tuddenham, and Honingham. In January 1900 at a public meeting at Honingham school Mr Godden, railway engineer of the firm of Jeyes and Godden addressed villagers' concerns. The Chairman explained the needs of the district and the benefits the proposed railway would confer on all classes of the community. A committee was formed to assist in the project, consisting of the Rev Dr Kingsmill and Messrs Blyth. Cole, Fisher, Ramm and Savory to represent Honingham and Edward Coe (a farmer at North Tuddenham) and Reginald Gay (a Mattishall farmer). A resolution was passed in favour of having stations both in Honingham and Mattishall Burgh or Mattishall which the Chairman said would be possible, provided the stations were not too elaborate or expensive. By June the same year at a meeting of the Mattishall Parish Council, Mr George Horne said he had received plans for the Council's consideration for the construction of a light railway line between East Dereham and Norwich with two local stations at Mattishall Burgh and Honingham. It is thought it would be a great boost to the district providing facilities for traffic to Dereham and Norwich. It was seconded by Mr Curtis and carried unanimously, So what happened!!

We can only assume they could not raise the funds, no records have come to light. We can only but wonder what Mattishall and our local area would look like today had this project taken place!

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CRIMEWATCH MATTISHALL



PC 898 Paula Gilluley
Breckland Community Engagement Officer
Paula.Gilluley@norfolk.pnn.police.uk

Are you interested in taking a part in tackling important issues affecting your local community? Have you thought about starting a Neighbourhood Watch Team in your area? The Neighbourhood Watch (NHW) website, www.ourwatch.org.uk, gives lots of advice on the initiative and while, of course, part of its purpose is to help prevent crime, it is also about supporting communities and tackling issues that impact on the community. OurWatch describes the initiative as *"Neighbourhood Watch schemes can make a real, long-lasting difference to communities: increasing cohesion and connectedness; helping to prevent crime; increasing neighbourliness and community wellbeing; supporting vulnerable people and increasing the voice of the community with councils, the police and other organisations."*

As a member or Co-ordinator of a NHW Team you can work with the Police. The Local Policing Team Beat Managers and the Engagement Officer for your area will share crime prevention advice and you can be involved in Police Drop-in Surgeries where you can discuss and advise on local concerns.

There is no hard and fast rule of how schemes should be managed or run and the OurWatch website provides lots of information on getting started and suggestions on how to manage your team.

There is a facility to check if there is already a scheme registered in your area on the "OurWatch" website. If there isn't a scheme already set up in your area, a scheme can be as involved or as not as suits your needs. For more information go to the website and see how you can make a difference in your community.

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Brainteasers Issue 103

Brainteaser 5 of 5

If it were two hours later, it would be half as long until midnight as it would be if it were an hour later.

What time is it now?

Answer inside back cover

Dereham Walkers are Welcome

07561 813243

www.DerehamWaW.org.uk/

Our First Friday walks (not more than 4 miles) continue to start at 10.15am, usually at one of three locations - the bottom of Church Street, the Neatherd play area or Greenfields Road near the Windmill. There's generally no need to book, just turn up. If booking is needed for any walk, we'll make that clear.

The Easy Tuesday walks take place on the second Tuesday of each month and are no more than 2 miles on good surfaces, ending with refreshments (optional), they all start at 10.00am at Dads and Lads (Cherry Tree car park). For more details, contact Sue at sue.rothwell@outlook.com.

We also have some extra walks planned:

• a train ride to Thuxton and walk back starting in the morning on 23 July, with the option of a discounted meal at Dereham railway station on return - booking needed

• a shortish walk starting at 1.30pm on Bank Holiday Monday 25 August and ending with garden party refreshments - booking needed

• a Heritage Open Days related walk around Dereham starting at 10.00am on Saturday 20 September - booking through the Heritage Open Days system, booking opens on 27 August.

All walks will go ahead unless the weather is really bad (we've cancelled just one walk in the last 8 years) but do check if you're in any doubt or want more information. In all cases, you should come with decent footwear (especially when it's been wet) and suitable clothing.

For more details on any of these, or to join our emailing list to ensure all the latest information, contact Ken Hawkins, ken-hawkins@tiscali.co.uk or 07561 813243.

For more details, contact **Ken Hawkins, ken-hawkins@tiscali.co.uk** or **07561 813243.**

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Mattishall Sports & Social Club

We are now into June and looking forward to a, hopefully, sunny time. I have heard that we should be getting a hot summer, so fingers crossed that the forecasters have got it right.

We have had a busy and eventful few months since our last report.

The two birthday bashes we had for Hazel, our bar person, and Abbi, one of our club members, were very successful. I think everyone had a good time as pictures will show.



Auntie Jo's card bingo session still attracted a huge crowd - such fun nights. These are normally held on every 3rd Friday in the month and include Jo's free cake - not to be missed. They also include 'Last Man Standing' and 'Open the Box'. If you don't know what these are – come along an find out!

We also did our first Quiz night in March compared by our brilliant Charlie and then again in May and on 13 June. As these were so successful we are going to repeat them every month. The next one will be in July – date to be finalised.

The Committee decided to restart our Members' Cheese and Wine Evenings. It's been a long time since we held this event. The wine was flowing and there were many different cheeses. Everyone who came had a great time and as it was so popular we will also repeat this event.



Medium, Linda Rae, came in March and we had trouble fitting everyone in as it was so popular. Easter Fun Day on 20th March was a success. We put on a treasure hunt and colouring competition. Florence came first in the 6-8year olds, with Ellis 2nd and Orson was winner of the over 8s. Many congratulations to Zara for guessing how many eggs in the jar. Many thanks to all who took part.

Finishing the end of May was our Spring Bank Holiday event. We had the fantastic singer, Lydia Lee, performing and we put on a BBQ and had a bouncy castle to amuse the youngsters. It was a great afternoon and was enjoyed by one and all. We will be bringing out the BBQ throughout the summer - what is better than a nice sunny afternoon with a BBQ, and low-priced drinks on the patio looking out on our great view?

We have also been laying on the bar for Village Hall events which are very popular. This is proving to be a regular occurrence. If anyone is interested in putting on an event you can contact Sim Saunders on our email (mssc.commitee@gmail.com) and she will be glad to help you. Once a fortnight, on a Monday, we have Taste of Naples Pizzeria and Beesley Bakes joining us from 3pm to 8pm. Come along and try, I am sure you will find it's worth it.

Carrying on to our sports news:

The football season finished with Easton 1st Team finishing their first season in joint 5th place. The 'A' Team finished joint 7th. They had a cup final on 24th May with Easton 'A' team winning 2.0. So, we will have their trophy to put into our cabinet this year.

The new cricket season has now started, and they will be playing up at the club every week until August. There is also youth cricket training on the field every Friday evening throughout the summer, and the club will be open for refreshments.

The pool team finished 4th in the league but won the sub cup 7-13. It would be good if we could get a second team established, so if anyone has a team that needs a home, then please contact us. We now have a new pool table, and it is still only 50p if you fancy coming up and having a game.

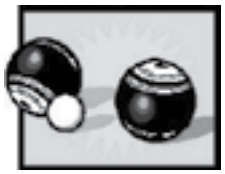
Many thanks to our new members, who have recently joined and of course to our established members for supporting our club and helping us to move forward.

We would welcome anyone who is interested in joining our club. The membership fee is £10 per year, which we feel is very good value. You can of course come three times first, to see if you like what you see. We are hoping that the Children's Play Area will be completed later in the summer, so we welcome families.

We are working on a full summer of events for the club and ask you to check on our club page and posters for what is coming up and also, our new rolling events tele kindly set up for us by Geoff. Many thanks for his efforts.

Hope to see you all soon.

Mattishall Lawn Bowls Club



The 2025 bowling season started on 12th April. The club has run 12 try-out sessions, from which we gained some new members. There is always a welcome for new members, with and without previous playing experience. Age 16+ is a good starting point. The game of bowls is a simple exercise and helps to keep you healthy!

At the no cost try-out sessions, the club provides all the equipment, and you can come on down as much as you like to try out the game of bowls. As we know from our history, Sir Francis Drake was keen to finish his game before going on to beat the enemy!

There will be 6 try out sessions in June. Details will be posted on social media sites. To get further information please contact Gerry as shown below.

The club has started playing in four local leagues and by the end of June, we will have played 28 matches.

Please look out for further club news and notices in the next editions of this magazine.

In the meantime, if you would like further information, please contact me

Gerry Goldner, Bowls Club Secretary. 01362 289038

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Darts

The 2025/2026 Dereham darts league has started in earnest, with the addition of a third division and new teams. The village will again have four teams present in the league, two from the Sports & Social Club and two from the Swan pub.

Mattishall S&SC 'b' team ended the 2024/2025 season by taking home the Division Two title and with it, promotion to Division One.

Mattishall S&SC 'b' also won the Charity Triples tournament beating Cherry Tree 'a' from Dereham 3-1 in the final.

League divisions for 2025/2026 season:

Division 1 - Cherry Tree 'a' pub Dereham, Gressenhall SC, Mattishall S&SC 'b', Mattishall Swan 'a', Necton SC, Shipdham Golden Dog, Swaffham CC 'a' and 'b', The Cock pub Dereham, Toftwood SC 'a', Townshend Club Fakenham.

Division 2 - Cherry Tree 'b' pub Dereham, Gemini pub Dereham, Mattishall S&SC 'a', Mattishall Swan 'b', Narborough SC, Railway Tavern 'a' and 'b' pub Dereham, Royal Standard pub Dereham, Swaffham CC 'c', Toftwood SC 'b', Watton Kings Arms pub 'a' and 'b'.

Division 3 - Dereham Cricket Club 'a' and 'b', Gressenhall Swan pub, Toftwood Millwrights Arms pub, Toftwood SC Ladies, Watton Crown pub 'a' and 'b', Watton SC 'a' and 'b', Yaxham SC 'a' and 'b'.

Pictures of the final league tables from 2024/2025

Division 1 — 10.04.2025

TEAMS	P	W	L	GF	GA	POINTS
Gressenhall SC*	22	20	2	143	55	143
Toftwood SC A*	22	20	2	137	61	137
Townshend Club *	22	14	8	122	76	122
Shipdham Dog	21	14	7	108	81	113
Football Club	22	12	10	107	91	107
Cherry Tree A	22	11	11	96	102	96
Mattishall Swan B	22	11	11	96	102	96
Swaffham Con Club B*	22	6	16	87	111	87
Swaffham Con Club A	22	9	13	80	118	80
Mattishall Swan A	22	7	15	80	118	80
Watton Kings Arms A	22	6	16	72	128	72
Cherry Tree B**	21	1	20	51	138	44

* 1 Call Off

*-2 Points

Division 2 — 10.04.2025

TEAMS	P	W	L	GF	GA	POINTS
Mattishall S&SC B*	22	17	5	120	78	120
Necton SC	22	13	9	116	82	116
Railway Tavern B	22	15	7	112	86	112
Toftwood SC B	22	14	8	110	88	110
Watton Kings Arms B	22	14	8	107	91	107
Gemini A	22	10	12	105	93	105
Swaffham Con Club C *	22	13	9	104	94	104
Narborough SC	21	8	13	92	97	97
Gemini B **	21	12	9	102	87	95
Railway Tavern C *	22	8	14	93	105	93
Mattishall S&SC A *	22	7	15	90	108	90
Toftwood SC Ladies *	22	0	22	28	170	28

*1 Call Off

**-2 Points

Mattishall Parish Council News

LATEST NEWS FROM THE PARISH COUNCIL

Upcoming events!

LITTER PICKING

Save the dates for our upcoming litter picking events!

22 June 2025
2 August 2025
7 September 2025
25 October 2025
23 November 2025

Church Rooms, Dereham Road

YMCA YOUTH CLUB

Friday Evenings!
Junior sessions
5pm - 6:30pm
Senior Sessions
6:30 - 8pm

Held at Mattishall Memorial Hall, 47 South Green, NR20 3JY.

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Mattishall Neighbourhood Plan

A huge thank you to all of you who voted in the Neighbourhood Plan Referendum on 15th May. There was a resounding vote (83,6%) in favour of Breckland District Council adopting the Plan. Following formal adoption, Breckland Council must now use the Neighbourhood Plan to help it decide planning applications in Mattishall.

A key feature of the Neighbourhood Plan is the inclusion of a comprehensive Design Guide and Code which requires development proposals to comply with the design guidance statements and design codes, where applicable. Additionally, a number of sites will achieve Local Green Space status, effectively protecting them from future development.

An online copy of the Neighbourhood Plan and Design Guide can be found on the Parish Council website: mattishallparish.gov.uk

Breckland Local Plan Review

Separately from our Neighbourhood Plan, Breckland Council is reviewing its Local Plan. This review will include a study of sites it regards as appropriate for residential development. This will include an assessment of sites put forward by landowners and developers in Mattishall. Further details of the Local Plan review can be seen on the Breckland website: Breckland.gov.uk

Youth Club

The Parish Council has signed a new contract with the YMCA to deliver the Friday evening youth clubs. There is a 12-month contract with 3 qualified leaders for the junior club, and a 12-month contract with 2 qualified leaders for the senior club.

THE PARISH COUNCIL

Graham Clarke (Chair)
David Fowler (Vice Chair)
Bob Burrell
David Piper
Janice Smith
John Pickering
Roisin Murray
Martin Goodrum

Anita Rose
(Parish Clerk)

Upcoming Parish Council Meetings

7 July 2025

4 August 2025

1 September 2025

6 October 2025

3 November 2025

1 December 2025

Further details of meetings and minutes are on the website.

Meetings are held at Poultec, South Green at 7pm.

The Open Spaces Working Group (OSWG)

Inspections were conducted at the Cemetery, All Saints Church yard, and the Allotment sites at Burgh Lane and Kingfisher Estate to assess general tidiness and health and safety standards. No significant issues were identified, and it was noted that substantial progress has been made by tenants of the new allotments at the Kingfisher Estate. The Parish Council has approved our recommendation to replace rusting metal dog waste bins with plastic ones. Furthermore, a tree survey is scheduled for this autumn, during which all trees within our areas of responsibility will be inspected for safety and potential disease. Based on the survey's findings, a professional tree surgeon will be engaged by the Parish Council to address any identified issues.

We express our gratitude to our parishioners for their continued support in participating in village litter picks, with additional dates scheduled throughout the summer. The next event is on 22nd June; please look out for notices regarding this. In addition, we are developing a scheme to loan litter-picking equipment to groups interested in cleaning up their parts of the village. The necessary paperwork is being prepared, so please await further announcements.

The Open Spaces Working Group (OSWG) consists of members from both the Parish Council and the public. We have recently experienced a member departure, and we invite anyone interested in joining the OSWG to contact the Parish Clerk clerk@mattishallparish.gov.uk.

Goodbye and Thank You!

We say goodbye to Mr Mike Onassis who was a Councillor for 2.5 years. On behalf of all the members at Mattishall Parish Council we thank him for his significant contributions to the village and wish him and his family all the very best for the future.

WHO LET THE DADS OUT?

FIRST SATURDAY - EVERY MONTH

9.00 am—10.30 am

ALL SAINTS' CHURCH

MATTISHALL

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For more details, contact

alan.cossey@matvchurch.uk



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USEFUL LOCAL PHONE NUMBERS

Mattishall's:

All Saints Church Office	01362 858873
Community Car Scheme (Wendy Flew)	01362 858445
Parish Council Clerk (Anita Rose)	07831 422700
Pharmacy	01362 858540
Post Office	01362 850232
Primary School	01362 858451
Surgery	01362 850227

District Councillors

Paul Claussen	01603 880454
Paul Plummer	07717 690938
Norfolk & Norwich University Hospital	01603 286286
Norfolk Swift Response	0344 8008020
Breckland Council Offices	01362 656870
Dereham Library	01362 693184
Dereham Police Public Enquiry Office	01953 424242
Konectbus (No 4)	03300 539358
AGE UK Advice Line	0800 6781602

Norfolk County Council

Mobile Library Timetable–Mattishall

Wednesdays–normally every 28 days

Location	Arrival Time	Departure Time
Orchard Road	11.50	12.05
Daffodil Way	12.10	12.30
Willow Close	12.35	12.50
Thynnes Lane	12.55	13.10
Hunter Avenue	14.45	15.00
Smithson Drive	15.05	15.20
Cedar Close No 3	15.25	15.40
Parkers Road	15.45	16.05
Burgh Lane	16.10	16.25
All Saints Walk	16.30	16.45

NEXT DATES:
9th July 6th August 3rd September 1st October

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303

Answers to Brainteasers

1. The ladder has 23 rungs
2. 13 x 4 = 52
3. Two hrs 15 mins
4. 40
5. It is 9pm.

SUMMER Quiz

Answers from the last issue

Answers from the last issue: (1) Nottingham (2) 7 (3) Richard III (4) Spain (5) Thomas the Tank Engine (6) Blue (7) James Bond (8) The Throat (9) Copper (10) 41, 43, 47

Congratulations to **Julie Robinson** who won our voucher for Café Verde.

With a chance to win the next voucher, email your answers to miscadvert@yahoo.com by 31st July.

1. How many people have walked on the moon?
2. Which band went walking on the moon in 1979?
3. Which number is opposite 14 on a dartboard?
4. If I go back 3 spaces from Chance on the row between Jail and Go, where in Monopoly do I land?
5. When did income tax start?
6. What did it pay for?
7. Where was Napoleon born?
8. Point Nemo is a special place, why?
9. Leicester City have the nickname of?
10. Robert Walpole has held which role longer than any other person?

Miscellanea Production Schedule

to be ready for w/c	Adverts and payment submitted by	Reports & articles submitted by:	Printed and ready for delivery
September 2025	Fri, 5th Sept	Wed, 10th Sept	Fri, 26th Sept
December 2025	Fri, 7th Nov	Wed, 12th Nov	Fri, 28th Nov
March 2026	Fri, 6th Mar	Wed, 11th Mar	Fri, 27th March
June 2026	Fri, 29th May	Wed, 3rd June	Fri, 19th June

Our advertising rates per issue are:

size	black and white	colour
1/8 page	£20.90	£31.35
1/4 page	£36.70	£55.00
1/2 page	£68.00	£101.80
Full page	£131.00	£195.50

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