

Miscellanea

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The Quarterly Mattishall People's Magazine Autumn 2018 Issue 77

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Miscellanea

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(original items not otherwise indicated)

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The creation of our village magazine is always a complex game, involving many players: advertisers, contributors, the production team and distributors. It can often be subject to delays, especially at this time of year when many are on holiday or looking after children. So, the Autumn edition of *Miscellanea* has again been tricky, but we hope we have all stuck to the schedule and our distributors have managed to deliver your magazine. Forgive me if I have had to leave out some contributions this time.

Continuity and change, disruption and celebration; you could say these have been the themes for our villages this summer. Work on footpaths on the Dereham Road has presented delays and frustrations for cars and pedestrians, but now it seems to be at an end in time for the start of the new school year. Interruption to broad-band connections in the village seems on-going and Openreach vehicles area still a regular presence on village streets.

Children have made full use of the new Mattishall playground and several events this summer have brought scores of villagers out to enjoy some fun and fine weather. But the intense sunshine in July meant that the open-air event on the Village Green for Norfolk Day was not so well supported; those who did attend had some great fun and games.

There was no Beer Festival at Southgreen Park this year, but the warm sunshine for that at the Welborne brought record takings. The August Bank Holiday Weekend events at the Swan and Social Club were also great successes. Despite some torrential down-pours, the Swan raised thousands of pounds for charity with crowds enjoying stalls, music and even a dog show. You can read more about this and other charitable opportunities inside.

This really is a year of celebrations for a range of organisations. 2018 sees Creative Arts East enjoying 25 years of aid for the arts in East Anglia, supporting over 600 community led arts events every year. We can all benefit from their film events at Welborne, Tuddenham and Dereham. Look inside for the next one at Welborne and check out their website www.creativeartseast.co.uk.

Our Mattishall website is approaching its second decade www.mattishall-village.co.uk and the Parish Council now has its own website www.mattishallpc.info.

The extensive refurbishment at All Saints Welborne is now complete and there will be a special rededication of the church on September 16th at 3pm. It promises to be a very special event.

Your magazine can now enjoy new contributions from the Writers Group and will always welcome more from new-comers to Mattishall. The village now has an international identity: the successful Chinese fish-fryers, our well-established, we have a Turkish café proprietor and the new owners at Mattishall News hail from Sri Lanka. I'm sure they will all continue to do well here.

Tabnabs is now open on Sundays and along with the Swan and Café Verde offering Sunday carvery along with special events at the social club and Welborne Village Hall, we are really spoiled for choice of where to eat and socialize in our villages. Changes, yes, but Mattishall and Welborne continue to have a vibrant village life.

Some readers may recall my extensive article about World War One from 2014 and I can add little more to that as we approach its centenary end, except to say that I'm looking forward to the village commemorations that will take place in November. Do make a note of these in your diaries along with the production schedule which this time is on p. 10.

It all seems a long way off, but Christmas is coming and I'll need to get another *Miscellanea* cooking.

Eileen



and Charlie!

HELP NEEDED We need more people to help with distribution of *Miscellanea* in Mattishall. If anyone is able to help us out in the South Green area please contact Lizzie on 01362 850491 or email lizzieloades@gmail.com.

We would also like to have a few people we can call upon to cover deliveries for regular distributors who are on holiday or unable to deliver for just one issue, again please contact Lizzie.

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Anne Jackson 01362 858744

AUTUMN WATCH

BBC Nature remind us that at this time of the year plants and animals alike put on a final show before the cold winter months, so it's a great time to get out and enjoy nature's seasonal sights. As well as seeing the spectacle, we can also contribute valuable seasonal research data. With the help of this "citizen science" researchers can use enthusiasts' recordings of natural phenomena to see how seasons change over time.

As part of the Nature's Calendar survey, experts at The Woodland Trust and the Centre for Ecology and Hydrology (CEH) want observation data to help them track how the seasons are developing across the country. We might see squirrels and jays burying acorns and they aren't the only British inhabitants to display different behaviour in the run-up to winter. Invertebrates such as butterflies and ladybirds may venture indoors as they seek warm spaces in which to sleep through the colder months.

Hedgehogs, dormice and bats gorge on fruit, nuts and insects respectively to build up stores of body fat in readiness for hibernation. Dormice have a very particular way of chewing hazel nuts, leaving distinctive tooth marks. As a species under threat, it's important to know where they still survive. It's a lot easier to find nibbled nuts before leaves really start to fall so early autumn is a great time to join the People's Trust for Endangered Species's great nut hunt.

Buglife, the Invertebrate Conservation Trust, also has year-round public surveys that will improve the charity's understanding of wildlife behaviour throughout the year. Some of nature's big events can be reported on from September onwards. Falling temperatures trigger mass migrations as birds seek sunnier climes - favourite destination for European birds is Africa. Nature's Calendar is interested in tracking this phenomenon and encourage us to keep a record of the birds leaving our area and submit the findings. They also wants to know about winter arrivals such as Redwing or Fieldfare. The British Trust for Ornithology is similarly seeking migration and distribution reports for their BirdTrack survey.

Autumn is the busiest time of year for many animals seeking mates including deer, boar and bats. Rather than physical competition, bats serenade potential mates. It's possible for the human ear to hear these songs but a bat detector is more reliable. Early in the autumn swarms of bats can be seen around the entrances to tunnels and caves, singing for the attention of females inside. Help scientists learn more about bat behaviour by taking part in a variety of surveys with Bat Conservation. You can get involved with all these organisations: British Trust for Ornithology, BTO, The Nunnery, Thetford, Norfolk IP24 2PU, tel: (01842) 750050, email: info@bto.org www.woodlandtrust.org to enquire about one of the woods, tel: (01476) 581111, for



membership, general enquiries or to make a donation, call (0330) 333 3300; Buglife, Bug House, Ham Lane, Orton Waterville, Peterborough PE2 5UU, tel: (01733) 201 210.

Peoples Trust for Endangered Species, 3 Cloisters House, 8 Battersea Park Road, London SW8 4BG, tel: (0207) 4984533.

You can join BBC Nature on Facebook and Twitter @BBCNature.

Bob Carter Court, Mattishall

Housing & Care 21's Retirement Housing provides a welcoming and friendly atmosphere for people over the age of 55.

Set in Mattishall village, Bob Carter Court has a range of on-site facilities for residents, including a communal lounge and laundry room. The facilities have been designed to allow residents to live independently within a community setting.

Heather Wright, Court Manager at Bob Carter Court says: "Everyone here is so friendly, we hold our residents' meetings every month and plan our social activities – like bingo and coffee mornings."

"We're lucky to be close to the village centre, with a newsagents, GP surgery and Post Office all nearby, as well as a bus service which goes into Dereham and Norwich."

Heather is on-site Monday - Thursday to provide residents with help and assistance if required. The studio and one-bed apartments are fully self-contained and residents benefit from a secure door entry system and 24/7 emergency alarm system. For ease of access the Court has full level access and a wheelchair-friendly lift.

The Court is pet-friendly and surrounded by large gardens with extensive lawns. Residents can relax in seating areas – or get involved in the gardening if they choose!

Call 0370 192 4798 for more information about living at Bob Carter Court today.

For more information on Housing & Care 21 you can also:

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Our lady from the library.

A dark Norfolk Knight.

It was a bitterly cold and snowy day in January when Chief Superintendent Ashby stopped at Parva's office door. There had been a suspicious event at the Manor.

"Not altogether sure what the situation is, only just heard," he told Inspector Brandon Parva "but the Clenchwartons were good friends of my wife, especially her Ladyship, until her untimely death. I'd like you to take a look and keep it low key."

"Come then Constable Melton," Parva called as threw on his overcoat, "we have a quest."

They arrived at the Manor a little after ten and were ushered in by Kimberley, the diminutive maid. There was a small gathering outside a large oak door, to which Parva assumed was Lord Clenchwarton's study.

"Who's in charge here?" he asked as he approached the scene.

"I suppose I might be," piped up a gentleman who introduced himself as Swanton Morley, his Lordship's solicitor. "We've been unable to raise Lord Clenchwarton. I had an appointment with him at nine to read his new will, but he's locked in and unresponsive. I contacted Superintendent Ashby as soon as I suspected something was amiss."

The inspector nodded and then bent down to peer through the keyhole. It was locked from the inside. He glanced around him and asked if there was a window to this room and a man of about fifty, name of Trunch - butler, handyman and gardener - appeared at his side urging the Inspector to follow him. At the back of the house overlooking the gardens they found the study window. It was a sash type and Parva noticed immediately that it had been opened recently as there were no icicles clinging to the top or the sill, unlike all the others. There were two great boot prints beneath the window which Trunch acknowledged were his,

"From when I came to look in earlier, sir," he nodded.

The inspector peered intently through the window. There was Clenchwarton sitting at his large oak desk, his head resting on one side. He was completely motionless, his hands hanging limply by his sides

"If he's only asleep," muttered Parva, "he'll have a nasty neck ache when he wakes."

He glanced at the windowsill, two handprints.

"Mine sir." Trunch was quick to respond.

He then scanned the snow and icicle bedecked bushes to the side of the window. He saw something picked it up. It was the black knight from a chess board. He rubbed his finger gently on some visible black residue and smelled it. Soot. He pocketed the piece and they walked back.

Outside the study door, Parva asked for a hairpin and a sheet of paper. He slid the paper mostly under the door and began to jiggle the hairpin in the lock. Just then there was a tinkling sound and then the definite noise of a key dropping onto the paper.

Parva slid the paper carefully back towards him and the key came with it. He opened the door and stepped in, ushering all but Melton to stay outside.

Now, what was obviously a body was visible. The skin was cold and the arms pretty stiff. There was no sign of a struggle or weapon of any sort. But the man was definitely dead and had been for some hours. Parva noted that where the head was on its side, there were watermarks on the papers piled on the desk.

The police surgeon was called and having been alerted by Ashby already, arrived pretty quickly. While they waited for him to examine the body Parva asked everyone to assemble in the drawing room.

He took stock; there were two young men, the nephews, a youngish weeping woman, Trunch, Mrs Trunch the housekeeper and Kimberley their tiny daughter.

"Right then," the inspector announced decisively "I shall need to speak with each of you privately."

Mrs Trunch showed him to a small sitting room situated off the

main hall. Perfect. He went to the study to see what the police surgeon had discovered.

"It's only a guess," said Claxton, his lips puckered, "murder. The ear drum is pierced unless he had a particularly virulent infection, but there's dry residue in his whisky tumbler, a sedative perhaps, but I'll take him over to the lab now and check. Rigor has only just set in, so he's been dead at least eight hours."

He packed his bag and set to leave.

"I'll telephone you the minute I have something."

Parva nodded and made for the drawing room to survey his potential miscreants.

"Ladies first," he announced and looked over at the young, weeping woman "Melton, bring Miss...?"

"Bedon, sir. Miss Kirby Bedon, Lord Clenchwarton's secretary."

The constable ushered her into the little sitting room and offered her a chair. She made herself comfortable then looked at Parva expectantly.

"Were you particularly fond of your employer?" The inspector waited.

"Employer!" she bridled flourishing a sparkling ring on her ring finger.

"Did anyone know you were to be married?" he questioned.

"Everyone. We hoped to start a family. Lady Clenchwarton was unable."

The inspector noted this then asked "How many people knew about his new will?"

"Oh, it was common knowledge. He was going to lock himself in his study until he'd got the 'Damned hodgepodge of a will!' sorted."

Just then there was a call from Claxton, "Definitely murder. A stab wound into the brain, something perfectly smooth and tapered. Slight traces of Valium in the stomach, not enough to kill, but to make him drowsy."

Parva thanked him and returned to let Miss Bedon leave.

Trunch was next. He'd been on duty at dinner and then serving drinks to the young masters in the billiard room until about eleven. He had gone to see if the master needed anything else and had been asked to open the study window.

"For a blow-through. He still had work to do and wanted to stay alert," he commented. "Kimberley was tidying the fire for the night and she shut the window for him after I had poured his whisky and gone off duty. Mrs Trunch and I have the gardener's cottage in the grounds. Thanks to the late Mistress. She was very kind. We would be secure for life, she said and our Kimberley, too."

The inspector listened with interest and then asked "How many pairs of wellingtons do you have?"

"Two sir," answered Trunch surprised "One for the house and about, one for the gardens."

"So, there was a pair left here overnight?"

Trunch nodded and Mrs Trunch sent for.

"So, tell me Mrs Trunch, do you, your husband and daughter Kimberley run the Manor all by yourselves? Do you ever feel it is too much?"

Mrs Trunch looked affronted.

"We manage sir. It's not a big household and if her ladyship wanted to entertain guests we would have Mrs Acle up from the village to cook, with her daughter and her husband to wait table."

Parva steeled himself.

"Mrs Trunch, do you have any sleeping tablets, nerve tonics?" It was a bold question, but he asked it.



"Why, I have some powders for my nerves." She seemed a little embarrassed.

"And where do you keep these? At your cottage?"

"No sir, here in the kitchen cupboard." Now she was red and flustered.

"Thank you," said the detective gently, "Please send in .."

"Carleton Forehoe and Shelton Green sir" interrupted Melton.

"Very well, Mr Forehoe please."

Forehoe sidled languidly inside. He answered questions lazily and without interest.

"Well yes, the old man and I did have a run in, he wanted me to become a man. He suggested a contact at Sandhurst. The military? The dress uniforms are okay but all that khaki," he tailed off with a shudder.

"What were your movements last night?" asked Parva.

"Well after dinner and our contretemps I legged it to the billiard room for an evening's better entertainment. I played young Green, the other nephew- beat him in fact. We had some brandy, Trunch left the bottle and us at about ten fifty. We finished the brandy and off to bed."

Shelton Green had pretty much a similar tale to tell. A conversation with his uncle during which

"He called me a dissolute reprobate," he laughed "I had to look it up."

Young Kimberley came into the interview room nervously when Parva had finished with Green. She was a very slight little thing. He wondered how she managed to carry the log baskets needed to set fires especially during the snow.

"Why I'm as strong as an ox sir, I was brought up on it, although dad, that is Mr Trunch, sir

helps me out with the big fire in the drawing room."

"But you tended to the fire in Lord Clenchwarton's study yourself last night?"

"Yes sir, he didn't want new logs on because he said he wanted to keep a clear head for his writing."

"But he did have some whisky, didn't he? Your father says he poured it for him."

"Indeed, he did, yes now I come to think about it."

"And I understand you opened the window for him too, so that he could get a little fresh air, is that right?"

"No sir it was stuck tight with snow and ice, my dad had to go outside and free it. I closed it when he was done."

"Have you ever seen this before? The inspector produced the small black knight and held it up for the girl to see."

She turned scarlet and stammered

"It it's a ch chess piece, sir"

"Yes, and from your master's own set. You forgot to put it back, didn't you?"

"I don't understand sir," she was shaking slightly, "what are you saying?"

"You forgot to put it back last night after you had broken in through the window. You used the piece to wedge open the window after it had been opened and freed from the snow and ice, so that you could come back later and climb in."

"Why would I do such a daft thing as that if I did at all?" Kimberley was getting very agitated now.

"Because you thought Lord Clenchwarton was going to leave you and your parents out of the new will." He could see he was right,

she was as pale as a ghost.

"You saw to the fire, which is how the soot got onto the chess piece, and while Clenchwarton faced the garden you deposited a satchet of your mother's powders into his whisky. You knew he was tired and needed little help to fall asleep, whereupon you could slip in through the window and thrust an icicle into his open ear. Thus, the water marks on the paper. Your suggestion, to pretend to keep his Lordship awake, opening the window. You sneaked out of the house when all were asleep and your parents safely away, wearing your father's wellingtons, so big for you it was easy to slip out of them and back in. The boot prints were already made. And no murder weapon to find. If I hadn't been assigned to the case by the local police it might well have been put down to a bleed to the brain. There might have been no post mortem. I take no pleasure in this, but you are found out miss, you are found out."

Kimberley had no fight in her and caved.

"My parents put all their hearts into this house and served well. To be put out by a jumped-up secretary."

She covered her face and wept.

"Take her away constable Melton," he sighed "I have two desperate parents to talk to."

As he walked towards the drawing room he was intercepted by Swanton Morley, the solicitor.

"If you're looking for motives," he offered "according to the new will which I've seen, the young men were to see a drop in their allowances, but the Trunch family was well catered for. If that's any help."

It proved no help to Parva as he walked across the hall and into the drawing room with a heart as heavy as lead.



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I Don't Know

Where are all my coffee mugs? I bet I know. I mutter to myself as I climb the stairs to my teenage daughter's bedroom. I open the door and quickly shut it again. How on earth can she live like that. I open the door once again and very carefully pick my way through the piles of this and that on the floor; there dotted around the room are my mugs. I will leave it to your imagination as to the state some of them are in! That's it, I resolve. I'm tired of nagging her to tidy and clean. I've asked her nicely and given her enough chances.

I set too with a couple of bin liners soon filling them up with empty crisp-packets and chocolate-wrappers, my magic duster and can of polish in my hand. School books are sorted and stacked neatly on the shelf, music CD's and Video cassettes back in their rightful cases, clothes hung up; there must be three months worth of washing here. At last she will be able to watch the TV without peering through a layer of dust.

At the end of the morning I am finished and done and with a smug feeling of satisfaction. With a final quick spray of air freshener, I close the door once again behind me.

When she returned from school I waited with anticipation for a hug and a "thank you Mum", but what do I get, a big squeal instead. "Where's my maths book and what happened to my pink lip-gloss that was under the bed? I Don't Know where anything is now it's all in it's place, I could find it before when it was all over the floor".

Rita Cooper
Mattishall Writers

Quiz & Chips Night



Saturday, 29th September
7.30 start

Make up a team (no more than 6)
or come along and join others

Everyone Welcome

£2 per person Prizes for the winning team



Mattishall Sports & Social Club
47 South Green, Mattishall NR20 3JY

Chips provided by Mattishall Fish Bar

Youth Council

Back in 2004 Mattishall Parish Council reminded readers that "For some time now we have wanted to set up a Youth Council to give the young people of the village a chance to have their say in the day to running, as well as setting up their own amenities such as a Youth Centre." Fourteen years later the Youth Club has finally arrived and we do have a youth council in Great Yarmouth, but is there is still room for a more local Youth Council?

Formed in 2000, the Youth Council Parliament now has 369 elected members representing the views of young people in their area to government and service providers. Over 500,000 young people vote in the elections each year, which are held in over 90 percent of constituencies.

Launching a campaign last month Kira Lewis, a member of the Procedures Group which coordinates the UK Youth Parliament said: "Young people are passionate about seeing change in their community and it's important that politicians address the concerns of young people. This year's Make Your Mark campaign gives decision makers a direct insight into the priorities of young people living in the UK and I hope many will take action once young people have had their say!"

Putting an end to knife crime, tackling homelessness, welcoming refugees, supporting youth services, mental health in school, tackling hate crime and the importance of ensuring sexual orientation and that gender identity is taught in schools. These were this year's topics at the annual Youth Parliament Conference. Their Make your Mark Campaign will see Members of Youth Parliament and volunteers across the country, invite young people in schools and youth groups to take this opportunity to have their say and to inform and influence the Government and decision makers in their communities.

The largest representation seems to be in the Midlands and our nearest representative for Norfolk is in Great Yarmouth. So, there must be room for one in our area. Any takers?

Contact: info@byc.org.uk. Tel: 020 7250 8374

A Woman's Poem

Before I lay me down to sleep
I pray for a man who's not a creep.
One who's handsome, smart and strong
One who loves to listen long.
One who thinks before he speaks
One who'll call not wait for weeks.
I pray he's rich and self-employed
And when I spend, won't be annoyed.
Pulls out my chair and holds my hand
Massages my feet and helps me stand.
Oh send a king to make me queen
A man who loves to cook and clean.
I pray this man will love no other
And relish visits with my mother.



Venture Farm Cat Rescue

your local cat rescue charity

www.venturefarm.co.uk

**[www.facebook.com/
VentureFarmCatRescue](http://www.facebook.com/VentureFarmCatRescue)**

Hello again from Venture Farm Cat Rescue. Based on Thuxton Road in Mattishall, we are an independent cat rescue run entirely by volunteers.

It is all very exciting here as work has started on the new building! We are currently rebuilding the cat pens as the existing buildings are over 20 years old and are now getting beyond repair. Our lovely patron Helen McDermott popped in to see how things were progressing and to lend a helping hand! This is very exciting and scary at the same time - it is something that just has to be done as



the existing buildings are declining rapidly. We are continuing to fund raise for the new build so if you can help out in any way – be that materials, fund raising, helping with painting etc, that would be wonderful.

We have been incredibly busy here – taking in lots of

unwanted/abandoned cats and kittens. This year so far we have already rehomed over 200 cats and kittens.

However no matter how much information and help there is out there, we still take in a lot of cats with kittens and unneutered males. It is not just Venture Farm, but all rescues that have the same problem. A problem that is easily solved by people having their cats neutered/spayed.

We recently took in a very sad looking young cat – Dwayne. He was found by a kind lady. She fed him regularly until he could be trapped and brought to us. He was a bit of a fighter in his time, but more to survive than any other reason, and had been living rough for a number of years. He was not vicious but scared - just walking into the pen and he started to tremble. He was once someone's little kitten - loved and cared for. But not enough for them to have him neutered. So he spent what seemed a lifetime following his hormones in search of a lady and protecting his territory.



But he is a big softy at heart. And what of Dwayne now – well he is still a little wary of strangers but he will now come to us for a fuss. Which just shows what a bit of love and tlc can do. His life could have been so different if he had been neutered.

Hopefully one day Dwayne will find his forever home. So if you are looking for a new addition to your home then please do come and visit. We are open daily (closed Tuesday and Sunday) from 10am to 1pm. Always lots to see!

As a volunteer only charity we are always looking for extra help, either here at the rescue centre or in our shop in Dereham. Please give us a call on 01362 850352.



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26th November 2018	29th October	5th November	26th November
25th March 2019	25th February	4th March	25th March
24th June 2019	27th May	3rd June	24th June
16th September 2019	19th August	26th August	16th September

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KEEP MOVING

The British Heart Foundation advise that regular exercise not only keeps us fit, but also increases flexibility, boosts our mood and safeguards our health. One of the easiest ways to exercise is to get walking. Walking is perhaps the cheapest form of exercise – no gym membership or expensive equipment – all you need is a good pair of shoes and it can only improve your health. A daily walk, even if it's just a 15-minute stroll to the shops, can help to keep you active and, if you walk with friends, it can give your social life a boost, too.



Taking regular exercise is especially important as we get older and our metabolism slows down, making us more likely to put on weight. The only way to lose weight is to use up more energy than we take in, and a daily walk can help to burn off some of those calories. The number of people who are overweight or obese is rising. The latest Health Survey for England (2014) showed the following groups as overweight or obese: 78% of men aged 65 to 74; 80% of men aged 75 to 84 and over 70% of women aged 65 to 84.

The Foundation reminds us that over 1 in 7 men and nearly 1 in 10 women will die from coronary heart disease (CHD) in the UK. However, people who are physically active are at lower risk of CHD. Brisk walking can help to keep your heart strong by increasing your heart rate. It can also reduce your risk of heart disease and high blood pressure in the long-term. The well-established group, Dereham Walkers, have regular walks in our area. Their next is on 30th September and ends with a garden party. Contact them tel: 07505 426950 and leave a message or email: tc.fpwarden@talktalk.net.



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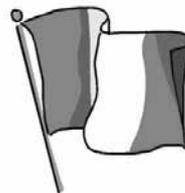
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Late Summer Quiz & Supper Night – Italian Theme!

Welborne Village Hall

Friday 21st September 2018 – 7.00 for 7:30pm



The Late Summer Quiz and Supper night is back. This time with an Italian theme – how is your knowledge of historical Italian landmarks?

Maximum 6 people per team.

Welborne quiz nights are popular events so please ensure you reserve your place by Tuesday 18th September 2018.

A fully stocked bar is available on the night

Please see www.welborne.org.uk for more information.

Tickets: £8.00 per person with payment to be made at the door on the night. Please contact Ian or Sharon (01362 850134) to reserve your place or use the online booking form via www.welborne.org.uk

MATTISHALL SOCIETY

A WARM WELCOME AWAITS YOU AT OUR MEETINGS HELD IN THE MEMORIAL HALL, MATTISHALL at 7.30 pm

NOW THAT THE SUMMER SEASON IS ON THE WANE WE BRING OURSELVES TO THE END OF 2018

2018

October 8th Tony Goode 'From Mountain To Garden - Alpine Gardening'
November 12th Charles Lewis 'Norfolk In The Stagecoach Age'
December 10th CHRISTMAS SOCIAL**

THESE ARE THE FINAL MEETINGS FOR 2018 FULL UPDATES ON THE ABOVE, IF NEEDED, WILL BE AVAILABLE AT THESE MEETINGS, ALONG WITH OUR FAMILIAR CHURCH SILHOUETTE POSTERS AROUND THE VILLAGE AND UPDATED IN FUTURE ISSUES OF MISCELLANEA

WE LOOK FORWARD TO SEEING EXISTING AND ANY NEW MEMBERS WHEN WE RESTART IN MARCH 2019 AFTER OUR WINTER BREAK.

* = Non Memorial Hall Meetings

** = Members Only

**INTERESTED?
THEN PLEASE CONTACT**

**The Membership Secretary
Mrs Carol Colledge 01362 858230**

CHARITY BEGINS AT HOME

MATTISHALL AND BURGH CHARITY

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Telephone: 01362 850840

The Charity Commission statistics show that there are more than 150,000 charities registered in the UK. Perhaps one of the oldest of these is our very own Mattishall and Burgh Charity founded in the 16th century by Archbishop Matthew Parker his wife with the gift of parcels of land the rents from which were to provide the needy poor with clothing and warmth.

Most of the charity's support these days is financial and over the years it has been able to help in practical ways. They've helped villagers with transport to hospital to visit relatives, with books for a medical student. The charity provided heating oil for a disabled couple who had moved in and there was no oil for the central heating. It is much cleaner providing the money rather than trying to source the items.

Last year the income was £8500. This amount varies each year and we hold a float of about £2000 to cover any claims during the year. The remainder is distributed at the beginning of December to those who apply. The fact that there is about to be a distribution is advertised in prominent places in the village and all previous claimants are contacted. Look out for notices in Victoria Stores.

Fred Garner, Hon Organiser for Christian Aid, tells us that this year the collection for this charity in Mattishall and Welbourne totalled £1434.42 of which £530.37 was gift aided.

Fred thanks everyone who donated, collected or assisted in any way to this worthy cause.

Mattishall and Lenwade Surgeries Equipment Fund

As readers will know, the purpose of the Mattishall and Lenwade Trust is to help our local Practice wherever they can to acquire urgently needed medical equipment which, in turn, indirectly helps us all in Mattishall and Lenwade

Please see the Trustees report on Page 21.

Farewell

The battle was over and the plain so peaceful. The moonlight revealed the faint outline of the dead lying in the mud. The shattered little church had lost its peal of bells; there was no place for their joyous sound in the carnage.

The young soldier limped to take the news of the battle to the complaisant generals in the hideout, safe from the conflict. How could he bear this mission?

Where were his friends? No sign of life. He could not compare these huddled corpses with his companions. Where was the laughter and the comradeship of yesterday? He felt the abyss of desolation.

He paid his last Norfolk salute to his comrades. He shouted angrily "Fare you well together. Keep you astroschin until...." The sniper's bullet finished his last sentence for him.

Eve Gascoyne
Mattishall Writers



SSAFA Armed Forces Charity

SSAFA made their presence felt at the special Railways at War event with the Mid Norfolk Railway in August. SSAFA provides lifelong support to men and women in the Royal Navy, the Royal Marines, the British Army and the Royal Air Force, and their families. They also work with veterans of all ages to help them settle into life and work outside the Forces.

Founded in 1885, SSAFA is the oldest national charity supporting the three Armed Forces. They are immensely proud of their history but know that times are changing, along with the needs of their beneficiaries. The Charity, exists to relieve need, suffering and distress amongst the Armed Forces, veterans and their families in order to support their independence and dignity and aim to lend a helping hand offering help now and in the future.



THE BRILLIANT CODE-BREAKERS

If you ever find yourself near Milton Keynes, pay a visit to Blechley Park, which is just south of the town. It is largely thanks to the geniuses who worked there during WW11 that we won the war.

In 1938, the British Government bought the Blechley Park Estate to house the most secret code-breaking and intelligence outfit ever put together. They chose a quiet country location, within easy reach of Oxford, Cambridge and London, as they anticipated heavy bombing in London should war break out.

They recruited brilliant young men and women from the universities and set them to work deciphering codes. By 1940, they were experienced enough to decode the German Air Force and Army signals, which were encoded in the Enigma ciphers. Cambridge mathematician Gordon Welchman realised that a round-the-clock, structured regime was needed to cope with the Germans' regular change of ciphers at midnight.

Everyone working on the site signed the Official Secrets Act and many went to their graves never having told their families the true nature of their work at Blechley. Each section (or 'Hut') worked at its specified task and did not know exactly what the other Huts did. This way, if the invasion came, no one knew the whole story. Eventually over 1000 people worked there. The work was so intense that recreational activities were set up, including dances, amateur dramatics, choral societies, a library and chess, bridge and fencing clubs.

Their incredible work led to British Intelligence knowing the location of U-Boats; providing early warning of bombing raids on British cities; helping to identify new German weapons such as V weapons, jet aircraft and atomic research; analysing the effect of the war on the German economy and breaking Japanese codes, bringing the war in the Pacific to an earlier close. At times, agonising decisions had to be made eg. if U-Boat raids were ALWAYS thwarted, the Germans would know their codes had been broken, so some raids were left to go ahead, often leading to great loss of life.

Perhaps Blechley's best-known code-breaker was Alan Turing. It is a sad reflection of the times that, after the war, when his homosexuality was discovered, he was imprisoned and eventually took his own life. What might he have achieved had he lived? All the code-breakers should have had national recognition and thanks. Many of them did go on to hold high office in various professions.

Blechley Park is still being restored, but there is a lot to see. Allow at least 4 hours – a whole day would be better. You can explore many of the Huts, restored to reflect the working conditions of the

time. There are short films, some from the period, showing how training was undertaken, others, more modern explaining eg. the encoding and decoding methods; there is information about many of the people involved, including some interviews. As with many modern museums, there are interactive displays for visitors to try. Most impressive of all, you can see many of the Cipher machines, including the actual Enigma machine, the Lorenz Cipher Machine and the incredibly complex Bombe Machines, which pre-figured the modern computer.

Are you a budding journalist or just like writing for pleasure?

Miscellanea is looking for new talent to contribute with a regular slot or one-off articles – please contact Eileen Conway with your ideas and get your pen – or should I say keyboard, busy!



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'Hats From Start To
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November 14th 2018
'Annual Meeting - Quiz'

December 12th 2018
'Christmas Meeting'

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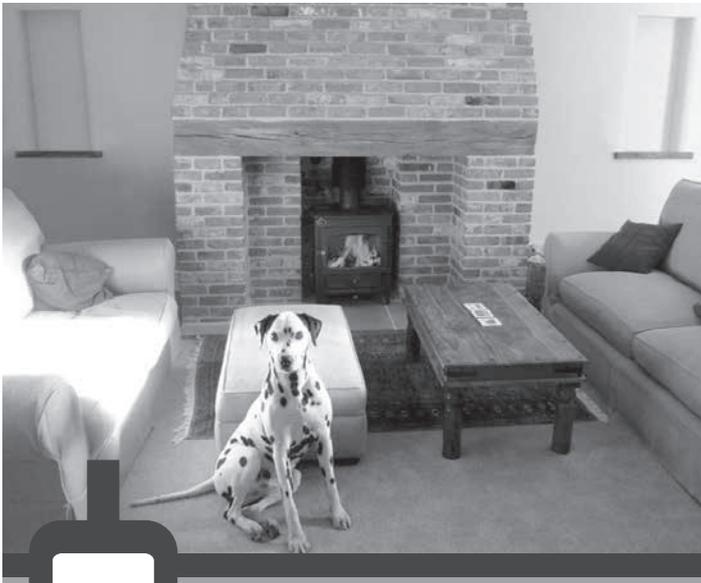
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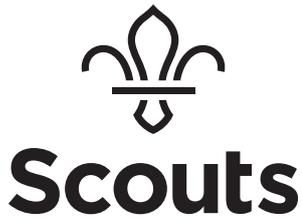
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Miscellaneous *Youth!*

The Centre Section Dedicated To Young People in Our Area



1st Mattishall & District Scout Group

Scout HQ – On the grounds of the Mattishall Primary School
 Chairperson: Kirsty Keeley 01362 850689

Through a fun youth activity programme we try to prepare young people with skills for life. We encourage our young people to do more, learn more and be more.

***** 1st Mattishall scouting is for GIRLS and BOYS aged 6 – 14 *****

GROUP NEWS

This year the group are celebrating 50 years of Mattishall Scout Group.

In August the Norfolk Showground was host to NORJAM, the Norfolk Jamboree.

The jamboree was for scouts and guides from across the world. In total there was about 6000 people attending. We welcomed people from Egypt, Germany, Thailand, Uganda, Sweden and many more international



countries. This event only happens every 4 years as the showground is turned into a scouting/guiding world, with fields full of activities, a main stage with events on until the evening, a circus, a fun fair, a cinema, shops, crafts, inflatables and so much more. This is a fantastic opportunity for any scout, not only to do all the activities but to meet scouts/guides from around the world.

Each area is divided into sub camps, this year the theme was decades and we were on the 60's sub camp.



Have you seen the Hare Sculptures around Norwich?

This year they are linked to the Break charity, whose core aim is the provision of children's home for looked after children. Norfolk Scouts were asked to get involved to help raise funds and earn this badge. Four challenges were set out to each section to complete.

Well done to the Beavers who split the money they raised, donating £32.20 to Break and the cub section raised £210.22. A representative from Break came to the HQ where they were presented with a cheque for the money the group raised.

BEAVER SCOUTS – GIRLS AND BOYS AGED 6 - 8, TUESDAYS 6.15 – 7.30PM CONTACT SU MCKINNELL – 07514 032678

The beaver section is thriving with lots of busy beaver scouts. Beavers have had a busy term, enjoying lots of outings as well as lots of fun nights and craft activities.

CUB SCOUTS – GIRLS AND BOYS AGED 8 – 10, WEDNESDAYS 7 – 8.30PM CONTACT KIRSTY KEELEY – 07985 691071

The cubs have enjoyed a fun packed term involving angel throwing, cooking a meal on a fire, a wet night and visited the local church and designed posters to raise funds for the church roof. They also attended a district cub camp in June, where the theme was pirates and mermaids. They enjoyed paddle boarding, kayaking, rafting, shooting, archery and crafts. The cubs also enjoyed a day visit to NORJAM.



SCOUTS - GIRLS AND BOYS AGED 10 – 14, MONDAYS
7 – 9PM CONTACT ANN FUTTER – 07769 946209

Scouts attended NORJAM, as discussed above in August but during the term time all their hard work on practicing their rifle shooting skills paid off when they won a district shooting competition. They also have been learning about outdoor skills, having a wide game and visited Norwich to do the Hare sculpture trail. They ended the term with a wet night.



Want to get involved??

We would welcome any adult to come along and get involved with scouting, there are many roles, from Leadership, to committee, admin, to helping with the maintenance. Contact me on the above details and join the adventure.



**Mattishall
Primary School**

Sports Day 6th July 2018



Mattishall Primary School enjoyed their annual school sports day on Friday 6th July. In very hot conditions all the children gave everything in their sprint races, obstacle race and the optional long distance race.

All the staff were very impressed by the commitment shown by the children in testing conditions. The sprint races ranged from 40M for the Reception children up to 80M for the Year 6s. Obstacles races were shorter but required children to get through a hoop, jump in a sack, balance an egg on a spoon and skip.

The long distance race was entered by Yr3-6 and children ran in their year groups round a 200M course. There were some excellent performances from the children and who knows we may have seen the next Mo Farah run around our track.

MPS has talent



We had our annual talent show on the afternoon of Friday 13th July. All children from Year 1 to Year 6 are invited to audition.

This year there were 34 applicants; singers, dancers, gymnasts, musicians, speed stackers, a baton twirler and some martial arts routines displayed. All the applicants auditioned in June and then two teachers; Mrs Findlay and Mr Consterdine had the very difficult decision to whittle down the long list to just 14 finalists.

Mattishall Primary School
(Part of Synergy Multi Academy Trust)
kindly asks that **dog owners do not walk their dogs on the school grounds**. This includes the large back field as it is part of our learning environment. Thank for your understanding.



Children's play area



No dogs allowed



Little Angels Toddler Group
for babies and pre-school children
Wednesday 9.00am – 11.30am
(during school term time only)

All Saints Church – Mattishall

Refreshments for adults, a variety of healthy snacks for children, musical instruments, various activity play areas, bible-based craft and story

Bumps & Babies runs alongside Little Angels with an aim for expectant and new parents to relax in a safe and welcoming environment with opportunities to meet and make new friends

New to the area, would like further details or wishing to attend for the first time? Please contact Mandy on 01362 858873 or email: contact@matvchurch.uk

The Talent Show final was watched by the whole school and was independently judged by our kitchen staff; Jo, Kym and Tracy and one of our school Governors; David. They had an extremely difficult job choosing a winner.

The winner was Anitta from Year 4 who sang a song in her first language, Malayalam. The song was 'Minungum Minnaminunge'.

In second place was Savanah from Year 4 who wrote and performed a song in support of her brother who is very poorly. In joint third place was; our returning winners from last year Brooke from Year 4 and Olivia from Year 5 singing and performing, 'Alone in the Universe' and 'Scooter Kid' Bradley who performed some tricks.

Once again it was a great opportunity for us to see what hidden talents our children have. We look forward to this end of year treat every year. Some children are already preparing for auditions next year.

Head's Report - Summer 2018

We said a fond farewell to our Year 6 children on Tuesday 17th July. We will really miss them as they were a super group of children. They worked especially hard this last year and this showed in our end of key stage 2 SATS results. We wish them all the best for the future.

We are really pleased with our school results this year and would like to share these with you:

EYFS (Reception) – GLD (Good Level of Development) 81%

Yr 1 Phonics Screening – 90%

End of Key Stage One (Year 2)

No. of children in cohort - 25	Reading	Writing	Maths	Combined
Expected	76%	64%	76%	60%
Greater Depth	48%	12%	8%	

End of Key Stage Two (Year 6)

No. of children in cohort - 32	Reading	SPAG	Writing	Maths	Combined
Expected	81%	78%	75%	75%	66%
Greater Depth	22%	22%	16%	9%	n/a

Comparison data:

	Mattishall 2016/17	National 2016/17	Mattishall 2017/18	National 2017/18
Reading	61%	71%	81%	75%
SPAG	58%	78%	78%	
Maths	45%	75%	75%	76%
Writing – teacher assessed	55%	76%	75%	78%
Combined – R/W/M	35%	61%	66%	64%

We have included data from last year's cohort so that you can make comparisons.

Thank you to all parents and carers for your positive feedback and support over the last year. It is really appreciated and has fostered a very happy school community. We have all had an enjoyable year.

Mr Chapman, Head Teacher

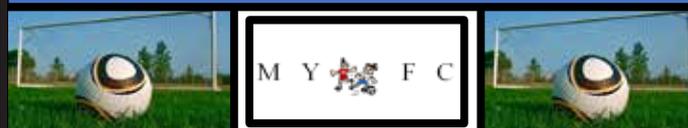
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STORIES, STORIES, STORIES

by Bill English

You meet someone you know in the street, in Dereham, say, or while shopping in Norwich. You stop and share information about yourselves - intricate stories of what you've both been doing: of how and why you happen to be where you both are at this particular moment. You might both want to get away from each other because you're busy and you have a lot to do. But, at the same time, the impulse is to talk, to communicate, to express feelings about the day and what's going on in your world, your town, village or street. Then you simply have to say what you've got to do today, how various members of your family have problems, successes, etc, etc. All this is so strong, so compelling that it's difficult to drag yourself away from the other person. As you'll know, there a marvellous Norfolk word for this: mardling, having a mardle.

We can't get away from it: we humans are story-telling creatures. Somehow stories are us. In a world without them would we merely be clever but noisy animals making noises at and with each other? Our pets, particularly dogs, listen to what is to them merely noise, trying to pick up hints of how we are reacting to each other and, crucially how we are reacting to them, what we seem to be wanting them to do - slow down, stop pulling, this way, wait here, are you hungry again already? They often seem so anxious that they're doing what you, their master, want them to do. Imagine if we had to communicate with each other like this.

Just think for a moment what it would be like if we didn't or couldn't tell each other things; couldn't narrate, or express our world of preoccupations, all the time: be they worries, scares, or delights, every day, every waking moment. One way of looking at it is that it's the almost secret way we have of feeling in contact with others - be they our spouses, children, neighbours, work-mates, or even total strangers. Unwittingly we do this all the time. We so often fall into conversation with total strangers: standing in a queue, sitting next to someone on a bus or train, encountering others on footpaths, in shops. We seem to feel compelled to communicate. How often have you complained about someone you feel doesn't want to talk to you? You may wonder if it's your fault, that there's something in you the other person doesn't like. Do you feel that you're often the one who has to initiate a conversation? That having done so the other person turns out to be a likeable person, obviously pleased to be approached?

Speaking to others, be they strangers, friends or neighbours is not the only thing that happens to us. We have many other ways of communicating. Imagine what it would be like to live in a world where there were no newspapers, magazines or books, no t.v., no cinemas or theatres. And if, on top of this, if we didn't speak compulsively to each other, would we, in fact, be human at all? Stories are us. We are all bundles of tales. The marvellous thing is that they are all so interesting!



Mattishall Youth Cafe

Mattishall High School Youth Cafe ^{LATE!}

2nd and 4th Tuesday of the month

1st Tuesday of the month

YEAR 6+ 3.30pm - 5pm

EXCLUSIVE TO HIGH SCHOOL // YEAR 7+

7pm - 8.30pm

Venue... All Saints Church Rooms - During Term Time

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Occasions' Outings 2018

Most outings are on the first Wednesday of the month.

Unless otherwise stated, we pick up at:

9am - Windmill Avenue;

9.20am - Evangelical Church and 9.30am - Surgery

10 th Oct	Woodbridge	£15
7 th Nov	Springfields	£14
12 th Dec	Cromer Pier Show	
	(inc ticket)	£27



To book, please contact Joyce by phone 01362 422027 or on Thursday, between 10.30 - 12.00 at the Drop-in, Church Rooms, Mattishall
A full 2019 list will be published in the November issue

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Autumn Quiz

Answers from the last issue – with apologies for the typo in No 8a 1) Elizabeth Garrett Anderson, 2) Lord Byron (daughter was Ada, Countess of Lovelace), 3) Croydon, 4) Odette Sansom (20.8.1946), 5) Molecular Structures – not the structure of DNA, this was Watson & Crick) 6) Nancy Astor, 7) Streatenhalch, 8a) Mary Macarthur b) Enid Blyton c) Sylvia Pankhurst d) Nancy Mitford, 9) 1869, 10) Dover Castle

This issue's quiz is Initial Proverbs Please submit your answers to miscadvent@yahoo.com by 13th October for a chance to win another £5 gift voucher.

- | | |
|-------------------|--------------------|
| 1 L.b.y.l | 2 T.m.c.s.t.b |
| 3 M.h.m.l.w | 4 A.s.i.t.s.n |
| 5 A.r.s.g.n.m | 6 L.s.d.l |
| 7 l.a.l.l.t.h.n.t | 8 E.i.a.g.a.a.f |
| 9 H.w.h.i.l | 10 Y.c.h.y.c.a.e.i |

Mattishall and Lenwade Surgeries Equipment Fund

You may be interested to know what we have been able to achieve for the Mattishall Practice since our last entry in the Miscellanea. Last year we bought new bariatric armchair for the Lenwade Surgery at a cost of £400, also an LED Examination Light at £434 and Intermedical Spirolab Spirometer at £1,249. In addition we paid for a Medi-Plinth Electric Examination Couch at £2,275 a CardioChek Blood Analyser costing £370 and a Hydraulic Examination Couch at £596. All this was possible because of donations made by patients or their families of the surgeries.

In total, last year, we spent just over £5,000 improving the medical facilities at the Mattishall and Lenwade Surgeries, which had seriously reduced our funds to some £4,200. Since then we, the trustees, have agreed to buy a Defibrillator battery for £250 and two ECG Machines costing £3,000. This has further reduced the trust funds to approximately £1,000 despite receiving some donations. As the Practice needs a third ECG machine, which we are unable to finance at this time, we are actively looking at an external financing scheme being floated by a large public company to meet requirements such as ours.

Apart from updating you with what has happened since our last report, we are underlining to you the very sizeable reduction in available funds. As you know, the purpose of the Trust is to help our local Practice wherever we can to acquire urgently needed medical equipment. This, in turn, indirectly helps us all in Mattishall and Lenwade. We are now asking you, are you able to help us in this very worthwhile cause by making donations, leaving bequests in your will, or fund raising in any form?

Please contact our Surgery if you would like to help.

The Trustees

The Flight

It was a very mild October evening when I was walking in the garden where I live - they are quite large and worth walking around. I don't know what made me look up. I think it was a movement of the air, not quite a sound but a whisper of one.

I saw coming towards me a flock of starlings, there must have been fifty or more birds flying together. As I watched I saw they were making the most incredible patterns, it was better choreographed than anything strictly come dancing can do or any of the Aerobatic teams.

The birds were tumbling about the sky making barrels, tubes, cubes, butterfly shapes and many others. Not one bird ever got in the way of another, not one bird was ever out of place with the others. They flew around one another and beside one another back and forth. It was as though they knew I was watching. They seemed to fly just above me for quite a long time. Then suddenly they were gone. Flying away towards the east. I was mesmerized by them and stood for several minutes waiting for them to come back. Of course they did not. They were away to the resting places they use at night.

I had heard of these flights and once saw one of them on television. There must have been thousands of birds at that one time. It was a huge cloud of black. It's amazing how they can work together better than we humans can.

I just wish I was able to go to the fens or the north east coast of Norfolk where these birds rest at night. It must be a many times better than the few I saw. Alas I have not the ability or the energy to take such a journey much as I would like to.

Doris Rich
Mattishall Writers

SNETTISHAM SUNDOWN SPECTACULAR

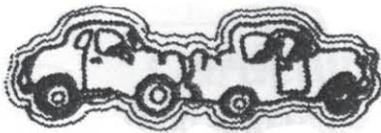
The sun is beginning to set over the North Sea. The sky is typically Norfolk blue with a sprinkle of white fluffy clouds sporting pink cheeks as the setting sun reflects its colour against their western- side. The sea is covered with golden embers from the dying sun which reflects its image of deep orange on the quiet ripples, heralding the end of the day.

To the north the tide has turned and each isolated sandbank starts to give up its territory to the gentle slow lapping of the waves. Slurp, slurp, a regular soft sound from foam, bubbling at the edge of each wave as it washes cross dry sand, baked by the earlier day's sun.

Then it happens. No word of command, no starter giving orders to be ready or steady. The air above the sandbank is suddenly filled with hundreds of wading birds. Birds which, seconds ago, had been feeding on the banks. Each one lifts into flight and, as one large body, fly together just above the sea which they follow to their night-roost on the mud banks further down the estuary.

Sandbank by sandbank the tide reclaims, each one sending hundreds of birds into the air, all destined for the same location. On the beach a little family are watching in awe as thousands of birds pass no more than a meter high from the beach. A little girl stretches out her hand into the ribbon of flight as wave of birds are driven from their feeding ground. Still they come, thousands of waders, all focused on one aim. Twenty minutes later there is nothing and the beach resumes its twilight time. The High Tide Spectacular has passed.

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SENIOR SLOT

INDEPENDENT LIVING

Adult social services are working with a charity, Rotary House for the Deaf, to open the "smart flat" in King Street, Norwich, later this year. The "smart flat" is being developed by the County Council and a local charity, to highlight how, increasingly new technology can help older and vulnerable people live independent lives.

Councillor Bill Borrett, chairman of the adult social care committee, said: "This is a very exciting development. Most people want to live in their own homes for as long as possible – and, that's why we're setting up a demonstration flat, so people can see for themselves. Whether it's smart speakers that can remind people about appointments, or sensors which provide peace of mind for people's relatives, it's something that the county council is keen to expand."

The news comes after adult social services revealed more than 7,000 people are already using a range of devices, to help them live independently. Known as assistive technology, the equipment ranges from the widely available Amazon Echo to specialist devices, which can tell if someone has fallen over or left their house. The Council also setting up an innovation centre at County Hall, to demonstrate how technology can help people at home, at work and in meeting spaces.

A report to the adult social care committee says the council is currently assessing 2,000 people per year, to see if assistive technology could help them. Around 7,000 people in Norfolk are using assistive technology.

Proposed improvements to the current system include:

- Ensuring the possible use of assistive technology is considered in all care assessments
- Considering how assistive technology can be used more to help people regain their independence following hospital stays, including as part of the council's reablement service at Benjamin Court
- More promotion of the benefits of assistive technology
- Recruitment of three more members of staff to the assessment team
- Improved recording of the impact of the assistive technology

The Council aims to save £1.5m over the next three years, by encouraging more people to use assistive technology.

Norfolk's adult social care committee will discuss a report on assistive technology and see examples of devices, when it meets in September.

Keeping fit, mentally as well as physically, becomes increasingly important in later life. When it comes to keeping our minds sharp, some of the advice from the media can be confusing or contradictory. From fish oils to physical activity, B vitamins to brain training, open the newspaper and it's easy to find claims on what helps and what harms. But which claims can we trust? What do we reliably know about what will help us stay sharp as we age?

We know that our thinking skills change very gradually throughout our lives. Most of us lose a little of some of them and this doesn't usually affect independence or quality of life. But differences between us mean that some people's thinking skills improve over their lives, and some experience greater degrees of decline.

Research is looking at a wide range of factors that might be



involved in healthy ageing of our thinking skills, or that increase the risk of more serious decline.

Many of these studies are on factors that we can influence ourselves, that is, aspects of lifestyle. Evidence suggests, for example, that taking exercise and engaging in new activities are linked with better thinking skills in later life.

Some lifestyle choices increase the risk of more decline, including smoking. A healthy diet and plenty of exercise, both mental and physical, seems to be the message from medical experts that will keep us fit in later life.

There are plenty of opportunities to challenge the ageing grey matter with several quiz nights in the village. The surgery also has a number of leaflets to encourage a fitter, healthier you, and there are plenty of keep fit and sports activities in Mattishall to join.

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THE LINK



MATTISHALL DEMENTIA
SUPPORT GROUP

LIVING WITH DEMENTIA?

You and your Carer are welcome to join us at

THE LINK

on the first and third Tuesday of the month

10am-12pm

At Mattishall Methodist Church

Refreshments, games, activities,
information, support

The Link is free of charge and is run by volunteers.

If you are carer of a person living with dementia and would be interested in attending The Link please contact:

Melanie Stevenson, Coordinator 01362 858799

Lynda Brandish, Assistant Coordinator 01362 857810



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Saturday, 6th October –

Abba Tribute & 70s

Saturday 27th October –

Halloween Disco Party

Saturday, 1st December –

Daz Lewis

Members free, non members £2

New members always welcome

Darts on Thursdays

47 South Green, Mattishall, NR20 3JY
opp Café Verde and Poultec
Tel: 01362 850246

Annual membership £10, Senior citizens £5

Other Events

Saturday, 29th September

Quiz & Chips

Saturday, 20th October

Casino & Cocktail Night

Saturday, 17th November

Gala Night with The Sirens

Sunday, 25th November

Christmas Fair

Pool on Mondays

See our Facebook page for further information

CRIMEWATCH MATTISHALL

Police forces throughout the UK have reported a steep increase in violent crime since 2012. The latest crime figures released by the Office for National Statistics (ONS) revealed 13 homicides were reported to Norfolk police in the 12 months to September 2017, compared with just three the previous year. Homicides include murders, manslaughter, corporate manslaughter and infanticide. Burglaries and sex offences also soared in Norfolk last year with Police recording a 23% increase in sex offences and a 49% in domestic burglaries. The only type of offences which fell in the year were non-domestic burglaries and criminal damage.

In Dereham there were 147 crimes reported in June this year. Police put some of the rise in burglaries down to an organized crime gang targeting the region but Norfolk remained the fourth lowest county nationally with 2.4 offences per 1,000 people. Figures also show a steady rise in violent crime in 2018 which, along with anti-social behaviour, forms the largest percentage of crime figures.

On burglaries we are reminded that Norfolk remains the fourth lowest county nationally with 2.4 offences per 1,000 people. A 31-year-old man from Moorgate Road in Dereham, was arrested in August charged with 12 offences: two counts of burglary, one count of attempted burglary, one count of assaulting a police officer, two counts of theft of a motor vehicle, one count of dangerous driving and two counts of driving without insurance.

Police remind us that some criminals are opportunistic, looking for that quick and easy win. By completing the successful US campaign – the 9PM Routine, or whatever fixed times you choose e.g. when leaving the house during the day or working/relaxing in the garden - Police suggest residents are making life so much harder for offenders which may ultimately result in a reduction in crime. This social media campaign aims to raise awareness and promote safer habits among residents To prevent thefts from vehicles, as well as homes. Police suggest we all conduct the following checks:

- Check your vehicles are locked and valuables removed
- Shut your windows
- Lock your doors
- Check your outbuildings

Norfolk Police Inspector Brown added: "We've had a spate of tools being stolen from vehicles across the county and we hope this routine helps remind you to make sure your vehicles are locked and that any valuables are removed."

To take part in the 9pm routine message the Police @NorfolkPolice and use #9PMRoutine.



Nearly all police forces in England recorded a rise in violence during the 12-month period.

Despite the rises, Norfolk and Suffolk crime rates remain well below the"

•So is crime going up or down?

If you look at the number of crimes police record, the numbers are going up.

But if you look at another measure used by the ONS - the Crime Survey for England and Wales (CSEW) - crime is actually falling.

The CSEW is a face-to-face survey of 35,000 households in which people are asked about their experiences of crime in the previous 12 months.

Police recorded figures are a simple count of offences reported to them.

Statisticians say the survey is good at measuring long-term trends, but less well suited to measuring less frequent crimes.

The way you want to interpret the figures may also depend on your politics.

Policing Minister Nick Hurd said the ONS "is clear that overall traditional crime is continuing to fall".

But shadow home secretary Diane Abbott described the figures as "truly shocking".

Norwich South Labour MP Clive Lewis put the rise down to officer numbers being cut. "Our police are being stretched to breaking point even before Norfolk Constabulary begins to abolish all of our PCSOs," he said.

What is true is that some types of crime such as violent and sexual offences are genuinely increasing, while other types have fallen.

An appeal from Norfolk Neighbourhood Watch

Following the recent spate of crimes in Mattishall, I would like to get a scheme set up in the village as soon as possible. Working together as a community and closely with the Norfolk Constabulary we would be able to reduce and prevent crime in the area.

Norfolk Neighbourhood Watch has set up over 350 schemes in Norfolk, that's 5000+ members since 2015 and it is growing weekly.

I was brought up in Mattishall and feel passionately about the village so am now appealing for a volunteer to act as co-ordinator for Mattishall. You would not have to work alone and the whole village need not be covered initially so if you are interested and want to know more about the role please contact me by email or phone.

I look forward to hearing from you

Terry Cross

Administrator, Norfolk Neighbourhood Watch Email: burrellterry71@hotmail.co.uk or Phone: 07508 203557 (evenings only)

Bellringers to commemorate centenary of end of First World War

On 11 November 2018, 100 years since Armistice, bells will ring out in unison from churches and cathedrals in villages, towns and cities across the country. Big Ben will also strike at 11am to mark the centenary.

To mark the final year of the First World War centenary commemorations, 1,400 new bell ringers will hopefully have been recruited in honour of the 1,400 that lost their lives in the First World War.

Church bells across the UK remained restricted throughout the course of the war and only rang freely once Armistice was declared on 11 November 1918.

The campaign to recruit bell ringers, Ringing Remembers, will keep this traditional British art alive in memory of those 1,400 who lost their lives – linking together past, present and future.

The campaign is being run by the Department of Communities and Local Government in collaboration with Big Ideas Community Interest Company and the Central Council of Church Bell Ringers.

Karen Bradley, Secretary of State for Digital, Culture, Media



and Sport, said: "On 11 November 1918 the ringing of church bells erupted spontaneously across the country, as an outpouring of relief that 4 years of war had come to an end. I am pleased that to honour that moment and the 1,400 bell ringers who died in the war, we will be recruiting 1,400 new bell ringers to take part in the commemorations this year."

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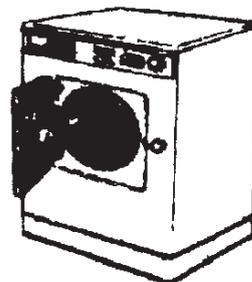
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If you would like to meet with others in a safe, supportive, environment please join us on 2nd Wednesday of the month from 6.30-8.30pm

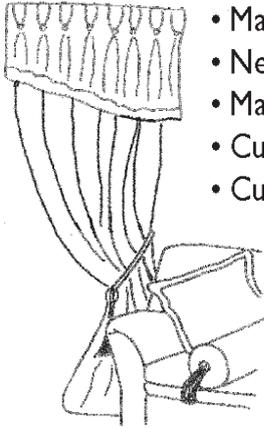
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go to www.welborne.org.uk to make bookings



Roundabout

Community Pages, News from Community Groups & Societies, Social and Church Events. What's on in and around Mattishall

CLUBS AND SOCIETIES can advertise their events up to a half-page FREE OF CHARGE. LARGER ADS WILL BE CHARGED. Please let us know about any event you are organising in the next 3-6 months by contacting Anne Jackson, Orchard House, Welgate, Mattishall, NR20 3PH Tel: 01362 858744 or email: miscadvert@yahoo.com

Knit and Natter at TABNABS

Every 1st Friday of the month 10.00 – 12.30
Buy a drink and come free

Coffee Morning

Evangelical Church on Tuesdays from 10.30 - 11.30am
All Welcome.

East Tuddenham Friendship Club

Welcomes New Members.

We meet every Tuesday in the Jubilee Hall from 2-4pm
For more information please ring Pearl on 01603 880567

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Half or full allotments to suit all requirements. For more information please contact Colin Cram 01603 880062

Mattishall Methodist Church

Saturday Charity Coffee Mornings 10 - 11.30 am

6th October, 3rd November and 1st December.

Led Prayers with Rev Betty Trinder 2nd Fridays 8.45 - 9.15 am

12th October, 9th November and 14th December.

Harvest Festival Services

Sunday 30th September at 11.00 am. Section Service to be led by Rev Betty Trinder.

Monday 1st October at 7.30 pm with Yaxham Singers.

Prayer and Praise Service at 5 pm. on Sunday 7th October.

Christmas Concert in aid of Action for Children

Thursday 6th December at 7.30 pm with the Toftwood Singers.

Calling all Darts players – and those who want to learn!!

New or returning Darts players of any age over 12 are welcome to join Mattishall Sports & Social Club "B" Thursday Night Darts Team. We're a friendly bunch that don't take it too seriously but have a good laugh! We play on a Thursday evening in the Dereham league and would love to see new teammates, experience at playing not necessary!

Please visit the Mattishall S & SC "B" Thursday Night Darts Team on Facebook or come along to the Club on Thursday 20th or 27th September after 8pm to meet us and find out more.

Drop In Coffee Morning

We hold a coffee morning on Thursdays from 9.30 until 12.00, which is a nice place to meet new friends and to chat to those you already know. There is no specific charge but we do suggest a small donation of £1 to cover our expenses. We serve hot and cold drinks, as many as you want, cakes on the tables and at around 11am we serve toasted teacakes. We have celebration events such as our Christmas Dinner and occasional buffet lunches, which are all great fun. We can also arrange lifts for anyone unable to walk there or who is without transport so it is ideal for those who can't always get out and about.

The majority of people are aged over 50, however we have had some younger people come along recently and that is great. It is important for us to have events that cross the generations. It also means that we could then have some younger people who can help out in the kitchen.

At the moment anyone on the rota for helping out in the kitchen is on duty around every 4 weeks. This does not however give us much scope to cover holidays or illness so we would really love to have a few more volunteers on our list. The more people we have the less often each person is on the rota. It would be great to get us back to a situation where each person is only on duty once every 6 weeks.

It is actually quite rewarding being in the kitchen. Part of the duty is to greet people as they come in and ask what they would like to drink. If it is someone new you may be the first person they speak to. There are always at least 2 people in the kitchen together so you are never just left there on your own. It only involves making drinks, collecting up cups and washing up. Toasting the teacakes is usually done by one of the regular helpers, although it is fine for anyone to do that as well.

If you are interested in coming along and/or helping out just turn up on a Thursday and ask for Lizzie. If you would like to ring me my number is 01362 850491. (You do have to announce who you are as we have call guardian to stop all those nuisance calls getting through.)

Hope to see some new faces joining us. Lizzie

Welborne Village Hall Film Night Programme

The Village Hall autumn film night programme will be announced shortly please see www.welborne.org.uk for further details.

Mattishall Surgery



15 Dereham Road
Mattishall, East Dereham
Norfolk
NR20 3QA

Contact Details:

Telephone: 01362 850227

Fax: 01362 858466

Pharmacy

Telephone: 01362 858540

*If you have an urgent medical need that cannot wait until the surgery re-opens and need to contact the out of hours GP, call 111
If faced with a medical emergency then dial 999.*

Do you enjoy Scrabble or playing cards?
Or just enjoy a chat and a cuppa?

We'll come along to

The Friendly Club

2pm - 4pm
every second Thursday

held in the Bob Carter Court Lounge
£2.00 inc Raffle and Refreshments

Meet and Chat

in



Welborne Village Hall

on

the 3rd Thursday of the month
from 2pm - 3.30pm

Board games
Shove Halfpenny
Book and puzzle swap

Refreshments and
Good Company!!

Come along and see for yourself

Cuppa & Catch Up!



'Cuppa and Catch Up' takes place on

EVERY 4th WEDNESDAY of the month

between 2pm—3.30pm at Mattishall Methodist Church.

Everyone is welcome and we would love to see you...

just pop in!

Next Dates: Sept 26th, Oct 24th and Nov 28th

Pilates with Claire

Wednesdays 11-12

Mattishall Memorial Hall

Improve your core strength, fitness and flexibility with Pilates!

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Classes for beginners and improvers, mats and equipment provided.

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'The Bereavement Journey'



A five session course, including meal, providing community and support for people who have experienced bereavement.

At: 'Our House', 36 Burgh Lane, Mattishall, Dereham. NR20 3QP.

Courses run throughout the year.

Contact: Sue Moore: 01362 692685

Email: suemoore23@hotmail.co.uk

Heart Healthy Exercise Classes

Mondays 9.30 - 10.30 and 10.45 - 11.45am,
Tuesdays 6 - 7pm, Wednesdays 10 - 11am Mattishall Memorial Hall
Keep your heart healthy with low impact exercise classes.

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For more info or to join contact Sue: 07786974907
suebennett21@btinternet.com





Mattishall Parish Council News

LATEST NEWS FROM THE PARISH COUNCIL

Youth club opens

The new youth club started at the beginning of the school Summer holiday. The YMCA is running the sessions in the Primary School hall on Friday evenings and it's free for children from the age of 11-16.

We've received funding from the Breckland Youth Advisory Board for equipment and Breckland Council towards running costs. This means that the youth club will be free until early February 2019.

Children can just turn up to the youth club. To find out more, please contact the clerk or find details on our website.

Next litter pick

The next village litter pick will be held on **Saturday 29 September** starting at 10 am at the Village Green. We'll be litter picking for around 2 hours then enjoy well-deserved refreshments afterwards. Everyone welcome (including children and well-behaved dogs) and we'll provide the equipment required. You can bring your own gloves if you prefer.

Joining the Parish Council

We are delighted to welcome Chris Taylor who joined the Parish Council in July. Chris immediately got involved with Norfolk Day and if you bought an ice-cream at the event you will have met him! You can read more about Chris on the councillor section of our website.

If you'd like to become a parish councillor, there is one further vacancy. It's a very friendly team and training is provided to help you to understand your role. We are looking for someone with a genuine interest in the village.

Mattishall Parish Council spends around £50,000 per year, much of that is from the council tax payers of Mattishall, so by being a parish councillor you can influence how the budgets are allocated and spent. If you have ideas, we want to hear from you.

On 2 May 2019, there will be district and parish council elections where residents can vote for councillors to represent them. Parish Councillors are not party political (unlike district and county councillors) and it's an excellent time to join a parish council because it is the start of a 4-year term. All applicants (including existing councillors who wish to continue) put themselves forward and if there are 10 or more this forces an election on 2 May.

We'd like to encourage anyone with an interest now to read our website and come along to our meetings as an observer. On 4 February and 4 March, councillors will be available from 6.30 pm, prior to the main council meeting, for an informal chat about what's involved and when you have to apply by. Meetings are held at the Memorial Hall in South Green.

Your Parish Council

Richard Norton (Chairman)

Hannah Farrier-Dutton

Mike Nunn

David Piper

John Rockliff

Janice Smith (Vice-Chairman)

Richard Turner

Luisa Cantera (Clerk)

District Councillors: Our two district councillors are Pablo Dimoglou and Paul Claussen.

Christmas event

The annual switching on of the Christmas tree lights will take place on Sunday 2 December at 4 pm. Check posters and our website nearer the time for further details.

Remembrance Day

We've been working with All Saints Church to help organise the Remembrance Day commemorations since 2014, which is when the war memorial was unveiled on the village green. We'd love as many people from the village to come along as it's a special year to commemorate 100 years since the end of World War I. Come to the village green from 10.15 am. The service will start at 10.40 am lasting just over half an hour and for those who would like to move to All Saints Church afterwards the service will continue followed by refreshments.

<http://mattishallpc.info>

Celebrating Norfolk Day in the sunshine

Despite the hot weather, families came along to the village green on 27 July to celebrate Norfolk Day. Picnics were shared, faces were painted and everyone enjoyed the music and children's talent show.

We plan to run this event again; next year it's on a Saturday which we think will be a better day for most!



Norwich Western Route

The results of a recent consultation into transport issues to the west of Norwich show that there is strong public support for a new link between the A47 and Broadland Northway (previously called the Northern Distributor Road or NDR). The consultation was held to gather evidence on long-standing concerns about traffic congestion on roads and in communities in this area, and in response to calls from many people to fill in what they see as the 'missing link' between the A47 and Broadland Northway, where it meets the Fakenham Road (A1067).

The majority of people who took part in the consultation believe a new road linking the A47 to Broadland Northway would help tackle transport issues in the area.

Mattishall airfield remembered

A free plaque from Airfields in Britain has been offered to us. The plaque commemorates the WWI Mattishall Airfield which was located just outside of the parish towards East Tuddenham. We are working with the County Council to work out the best location for the plaque.

clerk@mattishallpc.info

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Reflections

Although this is the traditional time of year to report what we did on our Summer holidays, I can't, as I didn't have one. To assuage your disappointment, I decided to tell you – possibly in more detail than you wanted to know - about peas.

As a teenager my ambitions included discovering the meaning of life, the origins of the universe, what girls were for and getting a job during the Summer vacation at the large local food company, to pay for incidentals not covered by scholarships, such as drinks and sports gear. Renowned for its processed peas which were produced throughout the year by its permanent staff – allegedly about thirty men and three hundred girls – it had a significant requirement for casual labour for the fresh pea harvest, paid well and offered opportunities for even better remunerated overtime. Not any old unemployed hopeful, you had to be a university student. Admission to read science at the local university looked to cover most of the bases and I was pleased to be accepted.

Most peas for freezing were from farms contracted to produce them from seed supplied by the factory, cultivated and harvested as instructed. Other farmers were encouraged to submit loads of suitable varieties, hand-picked, in sacks. The main work for students was feeding the machines at the factory that separated the peas from the pods and haulms, but I was honoured to be allocated to the staff of the Chief Chemist. I received a white lab-coat and a 'Challenge' Duplicate Book together with responsibility for guarding and operating a device that measured the relative tenderness of different batches of peas by squishing samples. It was imaginatively called the 'Tenderometer' and its mystic readings were duly recorded in the duplicate book and determined, among other things, whether submissions from independent growers met our high standards. If not, the truck drivers had to trawl the local wholesale markets to find the best price (no mobile phones in the 1950s).

Two other students, Bill and Fred, who had worked the previous season and had served three years in the navy before university, appeared to have established an indoor job with no obvious boss – a manoeuvre they had perfected in the armed forces. It involved adding salt to tanks of brine to maintain a specific gravity at a level that floated off the tenderest peas for premium packs and directed the 'sinkers' to catering packs. As the success of their endeavours was subject to satisfactory readings from my 'magic machine' they decided to further my education regarding other aspects of employment.

The serial killer sitting near the lorry entrance was actually the bookies' runner whose leather apron was soaked in tomato paste from the large tins he was opening with his 'murder weapon'. Off- course horse-betting was illegal but



widespread and Mick was located half-in and half-out of the factory to distance management from infringement of the law but discourage employees from venturing further afield. One of the truck drivers collected the bets. Several of the drivers would, I was advised, mention that they had left one sack in the cab to save me the bother of taking a sample from the main load to test for tenderness. This was, according to Bill, highly unlikely to be representative of the crop and should be ignored in favour of a sack chosen by me. Fred was more concerned with my personal welfare and advised that "all the girls in the factory had the same equipment". This seemed fair to me as they all did the same kind of work, but obviously not the message I was supposed to get.

"They go up the lane to the woodland on Sundays Fred persisted, "they scrub up quite well, some of them." I pointed out that it was double-time on Sundays and then Bill explained the procedure for ensuring that the volume of work always spilled over from Saturdays and Fred gave up.

After three more years at university, I felt no closer to the meaning of life and all that. A much shorter course from Fred, however, would probably have done wonders for my third ambition.

Gramps.

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Cricket Lovely Cricket

When I was 18 I had the chance to become a professional cricketer, or so it seemed. I was recruited to an assessment day at Northampton. There were lots of others there and the trials did not seem very intensive. As I went through my mediocre paces before a bored member of the playing staff I could not help but notice that all the work on the ground was being done by an army of disappointed looking young men who seemed to be a year older than those being assessed that day. I went to talk to them and found that in the year they had been on the ground staff there had been rather more cleaning and painting than there had been cricket.

I got my first job in Norwich by lying about how good I was at cricket and nearly lost it a month later when by accident I bowled the one really hostile ball of my life. I was playing an evening match for my firm and was instructed to let the important client on the other side score some runs and then get him out and 'show him what we can do'. The first part was easy. My bowling was frequently hit for four and this was no different. When I came to try to get him out, because it did not matter, I relaxed and the result was impressive, though I say it myself. It fizzed down the pitch, reared like a cobra and struck the poor man in the box, or it would have done had he been wearing one! He went to hospital, I just about clung on to my job and that was pretty well the last time I ever played cricket.

So with this history I was hardly the obvious candidate to become Chairman of Mattishall Cricket Club. As I am in my very late sixties I have to assume that the decision was the result of the Club's extended youth policy!

I have learned a lot in the last two years. The first and easiest was what an amazing facility Mattishall has in its cricket ground. Under the care of Keith (Rocky) Hudson the pitch is so good that from the safety of the boundary edge the prospect of batting on it looks tempting. The outfield is no place for the clumsy fielder. The ball runs so smoothly that when the ball is misfielded there is no credible excuse in blaming an unlucky bounce.

Facilities have been updated with the help of a 2017 grant and even the bowling machine has been serviced and is back to its fiery best.

The youth programme has seen over seventy receiving coaching and taking part in matches. The captains of the three senior teams have worked incredibly hard to welcome new players and sustain and develop old ones. But despite all of this the Club is in serious need of new members and new support from the families and friends of existing members.

I am learning just how hard it is to administer a successful club.



New laws such as the GDPR information storage rules that came into force in May apply to a small club in the same way as they apply to a large business. The simplified version that was sent to help us ran to 300 pages! The task of achieving and maintaining the English Cricket Board's Clubmark accreditation has involved in excess of 100 hours of work. And then there is the ever-present chore of fundraising.

A cricket club has to survive and prosper in the context of the times. It is no good being frustrated if players do not all want to make a total absolute commitment to every game. Family and friends also have reasonable calls on their time.

The solution to the difficulties facing Mattishall Cricket Club (and probably most other village sports clubs) lies in ever greater involvement with its surrounding community. The larger the pool of players, the easier it is for the Captains to accommodate the different wishes of them and still field a full side. The bigger the numbers involved the better the chances of finding people to volunteer for the committee or to undertake more limited help in fund raising, organising social events or helping with communications to players families and sponsors.

By the time you are reading this the season will be over but winter nets and social events will soon be with us. The Club welcomes players at all ages and of all levels of ability. Those who have played but been side-tracked by other demands would really benefit from being lured out of retirement and joining the pool of players at the Club. Others might even want to join on the non-playing side as I have done. It would be wonderful to build a team of women cricketers.

Mattishall is so lucky to have a facility like this cricket club, and I have found that joining it is a really rewarding experience and a great way to make new friends.



If you are interested in joining or helping in any way please contact me or Club secretary Lizzie Hawkins. The contact details of all committee members and further information are all available of the Mattishall Playcricket website.

Lizzie can be contacted on SecretarymattishallCC@hotmail.com and my email is wdwbarr@yahoo.co.uk

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BANK HOLIDAY CELEBRATIONS

The Swan is the last remaining of the eight public houses which once existed in the village and continues to be a focus for celebration in the heart of Mattishall. Our village website www.matishall-village.co.uk shows the Swan having licence since 1786. The building was replaced in the 1930's and new landlords Sonia and Pete have made extensive renovations to the building and garden and created a vibrant atmosphere that is both child and pet friendly. The Swan's bar menu and Sunday carvery are popular with locals as is the monthly quiz.

The last remaining Mattishall pub continues to attract locals from far and wide and offers a focus for village events. Our Mattishall public house still provides its regulars with their favourite beers and a chance for teams to play pool and darts in their special space, or watch their favourite sports. There is also a regular quiz night and a new book club.



The recent August Bank Holiday celebrations saw talented singers villagers Liz Hunton and Maddie Cudley entertain visitors at this special week-end charity event until torrential rain brought an end to the outdoor activities. Maddie, at just sixteen years old has been diagnosed with Auto-immune Hepatitis and incurable PSC and needs regular hospital treatments.

Sadly, a liver transplant is the only solution to Maddie's condition and this special week-end event was designed to draw attention to the need for organ donation. There were stalls and a popular auction of promises ranging from cases of wine, clay pigeon shooting, fish and chip suppers, massages, mini-golf and a special stay in a top-class hotel in Southwold.

The special week-end event culminated with a well-supported Dog Show on Bank Holiday Monday and raised £3,050 for the Norfolk and Norwich Liver Group and drew public attention to the need for organ donation.



Pre-nuptial treats for groom and ushers



My name is Madi Cubley I am 16 year's old and this is my story so far: In October 2017 we had just come back from our family holiday in Majorca when I started to feel unwell we thought it was something I had picked up from our holiday, I spent several weeks going back & forth to the doctors and the out of hours clinic just to be told it was a virus. In December the pain was so bad I ended up in A & E where they told me I had abnormal liver results I was then referred to Dr Rushbrook where I spent many days in hospital I had lots of tests and a operation including a liver biopsy . In early March I found out that I have two liver disease one being Auto Immune Hepatitis and the other being PSC which has no cure. I am on a lot of medication to try to slow down the diseases but in time I will have to have a liver transplant which will also be attacked by the PSC unless a cure can be found.

I have just sat my GCSE's and am looking forward to starting 6th form in September I have accepted I have PSC but am not letting it ruin my life, I am taking charge. Thank you for any contubutions large or small . Madi x



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The funds are used to purchase equipment not available in the community under the NHS.

Recent Charity purchases include:

5 x Examination Couches

1 x Intermedical Spirolab

1 x Examination Light

1 x BHR Cardiac Check

Total spend £4,925

The Charity Fund is planning to purchase new Electro-cardiograph machines for both Mattishall and Lenwade Surgeries.

If you wish to make a donation please see a member of staff

By donating and signing up to Gift Aid you will help to raise extra funds enabling the purchase of new medical equipment.